Improving Outcomes in Ovarian Cancer:

Focus on PARP Inhibitors and Pharmacist Implications

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Faculty



Amy Ly Indorf, PharmD, BCOP

Clinical Oncology Pharmacist UW Medicine Seattle Cancer Care Alliance Seattle, WA

Dr. Indorf is a clinical oncology pharmacist at the University of Washington/Seattle Cancer Care Alliance. Her professional responsibilities include working in a variety of multidisciplinary

solid-tumor clinics at the Seattle Cancer Care Alliance and University of Washington, primarily in breast and gynecologic oncology. She serves as a clinical instructor at the University of Washington School of Pharmacy. She received her PharmD degree from the University of Washington School of Pharmacy in Seattle, WA, and completed her oncology specialty residency at the University of Washington/Seattle Cancer Care Alliance.





Disclosures

Dr. Indorf has no relevant affiliations or financial relationships with a commercial interest to disclose.

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Learning Objectives

- **Discuss** the safety and efficacy of PARP inhibitors in ovarian cancer
- **Compare** and **contrast** available PARP inhibitors in the personalized treatment of patients with ovarian cancer
- **Demonstrate** effective strategies to optimize oral pharmacotherapy for patients with ovarian cancer including adherence and adverse event management

Outline

Ovarian Cancer Overview

PARP Inhibitor Trials

Treatment

• Real-World Data

• Upfront Maintenance

Combination therapy

Recurrent Maintenance

Adverse Effects and Management

Mechanism of Action of PARP Inhibitors



Overview of Ovarian Cancer



- Ovarian cancer is the leading cause of death from gynecologic cancer
 - 5-year survival is about 47.6%
 - Median age at diagnosis is 63 years old
 - > 70% of patients present with advanced disease
- Fallopian tube and primary peritoneal cancer are managed in a similar way to ovarian cancer

National Cancer Institute. https://seer.cancer.gov/statfacts/html/ovary.html. Accessed 8 Apr 2020.; National Comprehensive Cancer Network. <u>https://www.nccn.org/professionals/physician_gls/pdf/ovarian_blocks.pdf</u>. Published March 11, 2020.



Treatment Course



Lafargue CJ, et al. Lancet Oncol. 2019;20:e15-28.



Chemotherapy Treatments

- First-line: carboplatin + paclitaxel +/- bevacizumab
- Platinum-based chemotherapy is the first-line treatment
 - Given adjuvantly or neoadjuvantly
- Regimens for platinum-sensitive recurrence:
 - Carboplatin + paclitaxel +/- bevacizumab
 - Carboplatin + liposomal doxorubicin +/- bevacizumab
 - Carboplatin + gemcitabine +/- bevacizumab



Defining Platinum Sensitivity

• Recurrence is defined as:



Common Side Effects of Chemotherapy

	Common side effects
Carboplatin	Bone marrow suppression, electrolyte abnormalities, nausea/vomiting
Paclitaxel	Peripheral neuropathy, alopecia, bone marrow suppression
Liposomal doxorubicin	Mucositis, hand-foot syndrome, bone marrow suppression
Gemcitabine	Peripheral edema, rash, bone marrow suppression

It is important to understand what treatments and side effects patients have previously experienced to address their concerns during chemotherapy education and adverse effect management.

Aghajanian C, et al. *J Clin Oncol*. 2012;30(17):2039-45.; Ozols RF, et al. *J Clin Oncol*. 2003;21(17):3194-200.; Pujaide-Lauraine E, et al. *J Clin Oncol*. 2010;28(20):3323-9.



Ovarian Cancer Treatment

• Maintenance:

- Extend response to treatment
- Delay next line of chemotherapy
- Longer duration of good-quality life
- Delay onset of symptoms of progression
- Acceptable subjective toxicity profile

• Treatment:

- After disease relapse or progression
- Not given immediately after response to platinum-based chemotherapy











Genetic Risk Factors

- Family history
 - ≥ 2 first-degree relatives with ovarian cancer
- BRCA1- and BRCA2-mutation positive
 - Mutations in tumor suppressor genes
- Lynch syndrome
- Earlier age at onset of ovarian cancer
- Genetic risk evaluation is recommended for all ovarian cancer patients

Genetic Risk Factors: BRCA Mutation

- What is the BRCA gene?
 - Breast cancer susceptibility genes (BRCA) 1 and 2
 - BRCA-mutated genes (*BRCAm*) increase the risk of developing cancer due to the inability to repair DNA
- These genes are involved in homologous recombination repair of damaged DNA

Homologous Repair Deficiency (HRD)

- 50% of high-grade serous ovarian carcinomas are HRD
 - Defect in 1 or more genes involved in homologous repair
 - Includes germline and somatic BRCA mutations
 - Includes mutations of ATM, CHEK2, RAD51, and MRE11A genes
- HRD is the phenotype evaluated by various diagnostic



Ledermann JA, et al. Eur J Cancer. 2016;60:49-58.



Companion Diagnostics



No standard test across trials for all 3 PARPi

Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.; Swisher EM, et al. *Lancet Oncol*. 2017;18(1):75-87.

LOH, loss of heterozygosity.

Summary: Ovarian Cancer Overview

- <u>Maintenance therapy</u> is given after response to platinumbased chemotherapy to extend response to therapy and delay progression
- <u>Treatment</u> is after relapse of disease and may not immediately follow platinum-based chemotherapy
- <u>HRD</u> is a phenotype that signal defects in DNA repair





• DNA undergoes single-strand breaks





• Poly-ADP ribose polymerase (PARP) identifies the singlestrand break and recruits repair proteins



 PARP inhibitors (PARPi) bind PARP and prevent binding at the single-strand break leading to formation of doublestrand breaks



PARPi can also trap PARP at the single-strand break and prevent DNA repair machinery from proceeding

PARP

PARPi



- Synthetic lethality
 - BRCA mutations or HR deficiency (HRD) plus PARPi means the double-strand breaks must undergo repair by NHEJ





ARS Question #1

Which statement best describes "synthetic lethality" with PARPi?

- A. PARPi induces the formation of double-strand DNA breaks, which persist in patients with HRD
- B. PARPi inhibits PARP and prevents its binding to singlestrand DNA breaks and traps PARP on the site of singlestrand DNA breaks
- C. PARPi blocks repair of single-strand DNA breaks, and HRD decreases the ability to fix double-strand DNA breaks, which leads to cell death
- D. PARPi decreases DNA synthesis in BRCA-mutated cells, which leads to cell death



PARP Inhibitors Trials in Ovarian Cancer

PARP Inhibitors in Ovarian Cancer

20142017•Olaparib (capsules) treatment after 3+ lines of therapy, BRCAm•Nirap maint •Olapa appro phase		recurrent ice ablets capsules t	 2019 Olaparib first-line maintenance, <i>BRCAm</i> Niraparib treatment after 3+ lines of therapy, HRD 		
2016		2019		2020	
•Ruca treat after of the	parib ment 2+ lines erapy	•Rucapari recurrent maintena •Olaparib recurrent maintena	b t ance t ance	 Niraparib first-line m Olaparib + bevacizum maintenar 	aintenance ab first-line ce



Upfront Recurrent Treatment maintenance maintenance SOLO-1 SOLO-2, Study 19 Study 42, SOLO-3 Olaparib Olaparib Olaparib PRIMA ARIEL3 Study 10 Niraparib **Rucaparib Rucaparib** PAOLA NOVA QUADRA Olaparib + bevacizumab Niraparib Niraparib TOPACIO-KEYNOTE-162 VELIA **AVANOVA** Veliparib + chemo Niraparib + bevacizumab Niraparib + pembrolizumab

PARP Inhibitor Trials in Ovarian Cancer



PARP Inhibitor Trials in Ovarian Cancer



PARP Inhibitor Trial Endpoints

- Progression-free survival (PFS)
- General consensus to support PFS as the primary endpoint in recurrent ovarian cancer trials
- Supported secondary endpoints include time to second subsequent therapy and patient-reported outcomes



Treatment Course



Lafargue CJ, et al. Lancet Oncol. 2019;20(1):e15-28.



PARP Inhibitor Trials in Ovarian Cancer





Gonzalez-Martin A, et al. N Engl J Med. 2019;381(25):2391-402.; Moore K, et al. N Engl J Med. 2018;379(26):2495-505.



Gonzalez-Martin A, et al. N Engl J Med. 2019;381(25):2391-402.; Moore K, et al. N Engl J Med. 2018;379(26):2495-505.



Gonzalez-Martin A, et al. N Engl J Med. 2019;381(25):2391-402.; Moore K, et al. N Engl J Med. 2018;379(26):2495-505.


- Partial response after platinum-based chemotherapy (18%)
- Patients did not receive neoadjuvant therapy
- Received olaparib for 24 months
- PRIMA subgroups
 - Patients who received neoadjuvant therapy (66.7%)
 - PFS: 13.9 vs. 8.2 months; HR: 0.59; 95% CI: 0.46-0.76
 - Partial response after platinum-based chemotherapy (30.8%)
 - PFS: 16.4 vs. 9.5 months; HR: 0.6; 95% CI: 0.46-0.77
 - Received niraparib for 36 months





Gonzalez-Martin A, et al. N Engl J Med. 2019;381(25):2391-402.; Moore K, et al. N Engl J Med. 2018;379(26):2495-505.



Gonzalez-Martin A, et al. N Engl J Med. 2019;381(25):2391-402.; Moore K, et al. N Engl J Med. 2018;379(26):2495-505.



Hazard Ratios of PFS

Gonzalez-Martin A, et al. N Engl J Med. 2019;381(25):2391-402.; Moore K, et al. N Engl J Med. 2018;379(26):2495-505.

Summary: Upfront Maintenance

- Use of PARPi in the upfront maintenance setting decreases risk for progression by 60-70% in patients who are HRD
- For non-HRD patients, there was a benefit for patients on niraparib and decreased risk for progression by ~30%
- Both olaparib and niraparib are approved in this setting
- Olaparib monotherapy is only approved for BRCA mutated patients



Treatment Course



Lafargue CJ, et al. Lancet Oncol. 2019;20(1):e15-28.



PARP Inhibitor Trials in Ovarian Cancer

Upfront maintenance

SOLO-1 Olaparib

PRIMA Niraparib

Recurrent maintenance

SOLO-2, Study 19 Olaparib

> ARIEL3 Rucaparib

NOVA Niraparib Treatment

Study 42, SOLO-3 Olaparib

> Study 10 Rucaparib

QUADRA Niraparib





Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.



- ARIEL3 trial used loss of heterozygosity (LOH) to identify HRD subgroups
- LOH > 16% considered LOH-high
 - Phenotypically resemble HRD population



Swisher EM, et al. *Lancet Oncol*. 2017;18(1):75-87.



SOLO-2	ARIEL3	NOVA
Olaparib	Rucaparib	Niraparib
PFS: 19.1 vs. 5.5 months favoring olaparib (HR: 0.3)	PFS: 10.8 vs. 5.4 m (HR: 0.36)	BRCAm – PFS: 21 vs. 5.5 m (HR: 0.27)
	BRCAm – PFS: 16.6 vs. 5.4 m (HR: 0.23)	HRD, non- <i>BRCAm</i> – PFS: 12.9 vs. 3.8 m (HR: 0.38)
	HRD: 13.6 vs. 5.4 m (HR: 0.32)	Non- <i>BRCAm</i> – PFS: 9.3 vs. 3.9 m (HR: 0.45)
	PFS benefit in all arms	PFS benefit in all arms

Response to PARPi is driven by HRD tumors

Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.



Coleman RL, et al. Lancet. 2017;390(10106):1949-61.; Mirza MR, et al. N Engl J Med. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. Lancet Oncol. 2017;18(9):1274-84.



Coleman RL, et al. Lancet. 2017;390(10106):1949-61.; Mirza MR, et al. N Engl J Med. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. Lancet Oncol. 2017;18(9):1274-84.



- Study 19 looked at olaparib 400 mg capsules BID in recurrent maintenance setting
 - Randomized, phase II trial
 - Long-term survival follow-up data

N=265	Olaparib (n=136)	Placebo (n=129)	Hazard ratio
PFS	8.4 months	4.8 months	0.35 [95% CI: 0.25-0.49], p<0.001
OS	29.8 months	27.8 months	0.73 [95% CI: 0.55-0.95], p=0.02 (NS)
OS – BRCAm	34.9 months	30.2 months	0.62 [95% CI: 0.42-0.93], p=0.02
OS – BRCAwt	24.5 months	26.6 months	0.82 [95% CI: 0.57-1.25], p=0.4

Friedlander M, et al. Br J Cancer. 2018;119(9):1075-85.; Ledermann J, et al. N Engl J Med. 2012;366(15):1382-92.



• Study 19 secondary endpoints

N=265	Olaparib (n=136)	Placebo (n=129)	Hazard ratio
TFST	13.3 months	6.7 months	0.39 [95% CI: 0.3-0.52], p<0.00001
TFST, BRCAm	15.6 months	6.2 months	0.33 [95% CI: 0.22-0.49], p<0.00001
TSST	19.1 months	14.8 months	0.53 [95% CI: 0.4-0.69], p<0.00001
TSST, BRCAm	21.4 months	15.3 months	0.43 [95% CI: 0.29-0.64], p<0.00003

Friedlander M, et al. Br J Cancer. 2018;119(9):1075-85.; Ledermann J, et al. N Engl J Med. 2012;366(15):1382-92.

Summary: Recurrent Maintenance

- Use of PARPi in the recurrent maintenance setting decreases risk for progression by 60-70% in patients who are HRD
- For non-HRD patients, there was a benefit for patients on niraparib and rucaparib
- All three agents are approved in this setting regardless of HRD.



Treatment Course



Lafargue CJ, et al. Lancet Oncol. 2019;20(1):e15-28.



PARP Inhibitor Trials in Ovarian Cancer

Upfront maintenance

SOLO-1 Olaparib

PRIMA Niraparib Recurrent maintenance

SOLO-2, Study 19 Olaparib

ARIEL3 Rucaparib

NOVA Niraparib Treatment

Study 42, SOLO-3 Olaparib

> Study 10 Rucaparib

QUADRA Niraparib















PARP Inhibitors: Treatment



ORR, overall response rate.

PARP Inhibitors: Treatment

- SOLO3 looked at olaparib vs. physician's choice, singleagent non-platinum chemotherapy
 - Randomized, open-label, phase III
 - *BRCAm*, platinum-sensitive relapsed ovarian cancer after 2 prior lines of platinum-based chemotherapy
 - Liposomal doxorubicin, paclitaxel, topotecan, gemcitabine

N=266	Olaparib (n=178)	Chemotherapy (n=88)	OR/HR
ORR	72.2%	51.4%	OR: 2.53 [95% CI: 1.4-4.58], p<0.002
PFS	13.4 months	9.2 months	HR: 0.62 [95% CI: 0.43-0.91], p=0.013

Friedlander M, et al. Br J Cancer. 2018;119(9):1075-85.; Ledermann J, et al. N Engl J Med. 2012;366(15):1382-92.

Summary: Treatment

- All three PARPi are approved in this setting
- Benefit is driven by HRD patients and patients who are platinum-sensitive

Combination Therapy with PARP Inhibitors

- PARPi + bevacizumab maintenance
- PARPi + chemo followed by maintenance PARPi
- PARPi + immunotherapy

Coleman RL, et al. *N Engl J Med*. 2019;381(25):2403-15.; Mirza MR, et al. *Lancet Oncol*. 2019;20(10):1409-19.; Ray-Coquard I, et al. *N Engl J Med*. 2019;381(25):2416-28.



PARP Inhibitor + Bevacizumab

PAOLA-1

Olaparib

Randomized, double-blind phase III



Olaparib 300 mg BID vs. placebo, with bevacizumab 15 mg/kg Q3 weeks for 15 months



After first-line platinum-based chemo with bevacizumab





Niraparib

Randomized, open-label phase II



For recurrent, platinum-sensitive ovarian cancer; allowed prior PARPi or bevacizumab

Regardless of HRD

Mirza MR, et al. Lancet Oncol. 2019;20(10):1409-19.; Ray-Coquard I, et al. N Engl J Med. 2019;381(25):2416-28.



PARP Inhibitor + Bevacizumab

PAOLA-1

Olaparib

AVANOVA

Niraparib

- PFS: 22.1 vs. 16.6 months favoring combination therapy
- PFS (*BRCAm*): 37.2 vs. 17.7 months favoring combination therapy
- PFS (HRD, *BRCAwt*): 28.1 vs. 16.6 months favoring combination therapy
 - PFS (non-HRD): 16.9 vs. 16 months (NS)

- PFS: 11.9 vs. 5.5 months favoring combination therapy
 - PFS (BRCAm): 14.4 vs. 9 months (NS)
- PFS (HRD): 11.9 vs. 6.1 months favoring combination therapy
- PFS (non-HRD): 11.3 vs. 4.2 months favoring combination therapy

Mirza MR, et al. Lancet Oncol. 2019;20(10):1409-19.; Ray-Coquard I, et al. N Engl J Med. 2019;381(25):2416-28.



PARP Inhibitor + Bevacizumab

Adverse effects

- PAOLA-1 vs. SOLO1 trial
 - More hypertension with the addition of bevacizumab to olaparib
- AVANOVA
 - More hypertension and proteinuria in the bevacizumab-plusniraparib arm



PARP Inhibitor + Chemotherapy



Previously untreated stage III-IV high-grade serous ovarian carcinoma

phase

ndomized

Ra

Chemotherapy: carboplatin AUC6 + paclitaxel 175 mg/m² Q3 weeks or 80 mg/m² weekly

N=1140

Control arm: Chemo Q21 days + placebo followed by placebo maintenance

Chemo Q21 days + veliparib 150 mg BID followed by placebo maintenance

Veliparib-throughout arm:

Chemo Q21 days + veliparib 150 mg BID followed by veliparib 300 mg BID maintenance increasing to 400 mg BID if tolerated

Primary endpoint: PFS

Coleman RL, et al. N Engl J Med. 2019;381(25):2403-15.

PARP Inhibitor + Chemotherapy

- PFS: 23.5 months vs. 17.3 months in veliparib-throughout arm compared to control
 - BRCAm cohort: 34.7 vs. 22 months favoring veliparibthroughout arm
 - HRD cohort: 31.9 vs. 20.5 months favoring veliparib-throughout arm
- Higher incidence of nausea (80%) and thrombocytopenia in the combination phase of veliparib-throughout arm
 - Lower dose intensity in the maintenance phase of veliparib-throughout arm



PARP Inhibitor + Immunotherapy

TOPACIO-KEYNOTE-162

Advanced or metastatic TNBC or ovarian cancer

single-arm, phase I/II

Open-label,

Regardless of BRCA mutation status

N=60

Primary endpoint: ORR

Phase I: Dose-finding arm

Phase II:
Niraparib 200 mg QD +
pembrolizumab 200 mg Q3 weeks



- Objective response rate: 18%
- Single-agent PARPi ORR: 0%-5% for patients who were BRCAwt or platinum-refractory
- Single-agent PD-1/PD-L1 inhibitors ORR: 4%-10% in platinum-resistant ovarian cancer

Summary: Combination Therapy

- PARPi + bevacizumab
 - Difficult to compare no olaparib maintenance alone arm in PAOLA-1
 - Olaparib + bevacizumab approved in HRD patients
- PARP inhibitor + chemo followed by maintenance PARPi
 - Awaiting FDA approval of veliparib
 - Difficult to compare no veliparib maintenance alone arm
- PARP inhibitor + immunotherapy
 - More data needed to confirm efficacy and place in therapy
- Consideration for total cost of treatment



SB is 67-year-old woman with ovarian cancer. She was treated with 3 cycles of neoadjuvant carboplatin and paclitaxel followed by optimal debulking surgery. Genetic risk evaluation reveals that she is not *BRCAm* but is HRD. Which PARP inhibitor (or inhibitors) is FDA approved for use in the upfront maintenance setting?

A. Olaparib monotherapy

ARS Question #2

- B. Niraparib and olaparib plus bevacizumab
- C. Olaparib monotherapy and niraparib
- D. Olaparib monotherapy, niraparib, and rucaparib



PARP Inhibitors in Detail



Olaparib

	Olaparib
Target	Pan-PARP inhibitor
Dose	300 mg BID
Dose adjustments	CrCl 31-50 mL/min: 200 mg BID
Class ADR	Nausea, diarrhea, fatigue, bone marrow suppression, secondary malignancy
Unique ADR	Asymptomatic elevation of serum creatinine, hypomagnesemia, pneumonitis
DDIs	Substrate of CYP3A4 (avoid grapefruit juice, Seville oranges, pomegranate) Inhibits MATE1 and MATE2-K
РК	Mean half-life = 14.9 +/- 8.2 hours
Notes	Tablets and capsules are not interchangeable (capsules are phased out)

CrCl, creatinine clearance; CYP, cytochrome P450; DDIs, drug-drug interactions; PK, pharmacokinetics.

Rucaparib

	Rucaparib
Target	Pan-PARP inhibitor
Dose	600 mg BID
Class ADR	Nausea, diarrhea, fatigue, bone marrow suppression, secondary malignancy
Unique ADR	Transaminitis, asymptomatic increase in serum creatinine, GERD, dysgeusia, hypomagnesemia, rash
DDI	Substrate of CYP2D6 Inhibits CYP2C9 (caution with warfarin) Inhibits MATE1 and MATE2-K
РК	Mean half-life = 17-19 hours


Niraparib

	Niraparib
Target	PARP 1 and 2
Dose	300 mg daily
Dose adjustment	If < 77 kg or platelets < 150,000/μL: 200 mg daily May titrate up if tolerated
Class ADR	Nausea, diarrhea, bone marrow suppression, secondary malignancy
Unique ADR	Insomnia, hypertension
РК	Mean half-life = 36 hours
Notes	 Similar efficacy despite up-front dose reduction to 200 mg daily Weekly CBC for the first month of therapy

Adverse Effects: PARP Inhibitor Dose Levels

	Dose levels	Tablet strength	Tablet/capsule sizes
Olaparib	Starting dose: 300 mg BID Dose level -1: 250 mg BID Dose level -2: 200 mg BID	150 mg tablets 100 mg tablets	14 mm
Rucaparib	Starting dose: 600 mg BID Dose level -1: 500 mg BID Dose level -2: 400 mg BID Dose level -3: 300 mg BID	300 mg tablets 250 mg tablets 200 mg tablets	16 mm 15 mm 11 mm
Niraparib	Starting dose: 300 mg QD Dose level -1: 200 mg QD Dose level -2: 100 mg QD	100 mg capsules	22 mm

Lynparza [package insert].; 2019.; Rubraca [package insert].; 2018.; Zejula [package insert].; 2020.



PARP Inhibitors Class-Wide Adverse Effects



Adverse Effects: Fatigue

	Olaparib	Rucaparib	Niraparib
Grade ≥ 3	4%	7%	8%

Similar across all 3 PARPi



Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Friedlander M, et al. *Br J Cancer*. 2018;119(9):1075-85.; Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.



	Olaparib	Rucaparib	Niraparib
Grade ≥ 3	4%	7%	8%

Similar across all 3 PARPi

- Non-pharmacologic management of fatigue includes:
 - Exercise
 - Cognitive behavioral therapy
 - Massage therapy

Coleman RL, et al. Lancet. 2017;390(10106):1949-61.; Friedlander M, et al. Br J Cancer. 2018;119(9):1075-85.; LaFargue CJ, et al. Lancet Oncol. 2019;20(1):e15-28. Mirza MR, et al. N Engl J Med. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. Lancet Oncol. 2017;18(9):1274-84.



Adverse Effects: Nausea

	Olaparib	Rucaparib	Niraparib
All grades	76%	75%	74%
Grade ≥ 3	3%	4%	3%

Similar across all 3 PARPi PARPi are moderately emetogenic



Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Friedlander M, et al. *Br J Cancer*. 2018;119(9):1075-85.; Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.



	Olaparib	Rucaparib	Niraparib
All grades	76%	75%	74%
Grade ≥ 3	3%	4%	3%

Similar across all 3 PARPi PARPi are moderately emetogenic

- Moderately emetogenic
 - Ondansetron 4-8 mg with each olaparib dose (8-16 mg/day)
 - May add prochlorperazine as needed

Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Friedlander M, et al. *Br J Cancer*. 2018;119(9):1075-85.; LaFargue CJ, et al. *Lancet Oncol*. 2019;20(1):e15-28. Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84. <u>https://www.nccn.org/professionals/physician_gls/pdf/antiemesis.pdf</u>. Published February 19, 2020.; U.S. Dept of Health and Human Services.



Adverse Effects: Diarrhea

	Olaparib	Rucaparib	Niraparib
All grades	33%	32%	20%
Grade ≥ 3	1%	1%	< 1%

Similar across all 3 PARPi

 Counsel patients to report increases of 4-6 stools per day over baseline (Grade 2) or diarrhea limiting ADLs

Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Friedlander M, et al. *Br J Cancer*. 2018;119(9):1075-85.; LaFargue CJ, et al. *Lancet Oncol*. 2019;20(1):e15-28. Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84. <u>https://ctep.cancer.gov/protocoldevelopment/electronic_applications/docs/CTCAE_v5_Quick_Reference_5x7.pdf</u>. Published November 27, 2017



Compared to Chemotherapy

- Less cyclical
- Lower emetogenic risk, but nausea may be more constant

Aghajanian C, et al. *J Clin Oncol*. 2012;30(17):2039-45.; Ozols RF, et al. *J Clin Oncol*. 2003;21(17):3194-200.; Pujaide-Lauraine E, et al. *J Clin Oncol*. 2010;28(20):3323-9.

Summary: Non-hematologic Toxicities

- Management of side effects within the first 4-8 weeks is crucial
 - Can be managed symptomatically without dose reduction

- Class wide adverse effects:
 - Fatigue
 - Nausea
 - Diarrhea



Adverse Effects: Anemia

	Olaparib	Rucaparib	Niraparib
Grade ≥ 3	20%	19%	25%

Similar across all 3 PARPi



Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Friedlander M, et al. *Br J Cancer*. 2018;119(9):1075-85.; Mirza MR, et al. *N Engl J Med*. 2016; 375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.

Adverse Effects: Thrombocytopenia

	Olaparib	Rucaparib	Niraparib
Grade ≥ 3	0%	5%	34%

Niraparib has a higher incidence of thrombocytopenia than other PARPi



Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Friedlander M, et al. *Br J Cancer*. 2018;119(9):1075-85.; Mirza MR, et al. *N Engl J Med*. 2016; 375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.

Adverse Effects: Neutropenia

	Olaparib	Rucaparib	Niraparib
Grade ≥ 3	5%	7%	20%

Niraparib has a higher incidence of neutropenia than other PARPi



Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Friedlander M, et al. *Br J Cancer*. 2018;119(9):1075-85.; Mirza MR, et al. *N Engl J Med*. 2016; 375(22):2154-64.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.

Adverse Effects: Hematologic Toxicity Management

	Grade 1	Grade 2	Grade 3-4
Anemia	Monitor and continue	Consider hold and resume at lower dose when Grade 1	Consider transfusion; Hold and resume at reduced dose when Grade 1
Neutropenia	Monitor and continue	Consider hold and resume at lower dose when Grade 1	Hold and resume at reduced dose when Grade 1
Thrombocytopenia	Monitor and continue	Hold and resume at lower dose when Grade 1	Hold and resume at lower dose when Grade 1
Thrombocytopenia (niraparib)	Monitor weekly with niraparib Plt < 100,000: hold, resume at same or reduced dose Plt < 75,000: hold, resume at reduced dose		
Discontinue if toxicity not recovered by 20 days, consider bares consult			

Discontinue if toxicity not recovered by 28 days, consider heme consult

LaFargue CJ, et al. Lancet Oncol. 2019;20(1):e15-28.

Adverse Effects: Secondary Malignancy

la s	

	Incidence of MDS/AML
Olaparib	
SOLO-2	2%
SOLO-1	1%
Rucaparib	
ARIEL 2	0%
ARIEL 3	1%
Niraparib	
NOVA	1.3%
QUADRA	< 1%
PRIMA	0.3%

AML, acute myeloid leukemia; CBC, complete blood count; MDS, myelodysplastic syndrome. Long-term monitoring: consider CBC monthly throughout therapy

> Coleman RL, et al. *Lancet*. 2017;390(10106):1949-61.; Gonzalez-Martin A, et al. *N Engl J Med*. 2019;381(25):2391-402.; Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.; Moore K, et al. *N Engl J Med*. 2018;379(26):2495-505.; Moore KN, et al. *Lancet Oncol*. 2019;20(5):636-48.; Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.; Swisher EM, et al. *Lancet Oncol*. 2017;18(1):75-87.



Compared to Chemotherapy

- Less cyclical
- May be as profound as with chemotherapy
- No recommendation for use of growth factors

Aghajanian C, et al. *J Clin Oncol*. 2012;30(17):2039-45.; Ozols RF, et al. *J Clin Oncol*. 2003;21(17):3194-200.; Pujaide-Lauraine E, et al. *J Clin Oncol*. 2010;28(20):3323-9.

Summary: Hematologic Toxicities

- CBC at least monthly
- Weekly CBC for the first-month of niraparib
- Discontinue if toxicity not recovered by 28 days and consider hematology consult



ARS Question #3

SB is 67-year-old woman with ovarian cancer. She was treated with 3 cycles of neoadjuvant carboplatin and paclitaxel followed by optimal debulking surgery and will be starting olaparib maintenance.

Which of the following is a recommended initial antiemetic regimen for olaparib?

- A. Ondansetron 4-8 mg with each olaparib dose (8-16 mg/day)
- B. Palonosetron 0.25 mg and dexamethasone 8 mg on Day 1
- C. Prochlorperazine 5-10 mg every 6 hours as needed
- D. Prochlorperazine 5-10 mg with each olaparib dose (10-20 mg/day)



PARP Inhibitors Unique Adverse Effects



Unique Adverse Effects

- Rucaparib
 - Transaminitis (34%)
 - Self-resolving
 - May increase monitoring frequency

Rucaparib baseline and on-treatment AST/ALT





AST, aspartate transaminase; ALT, alanine transaminase; Tbili, total bilirubin.

Oza AM, et al. Gynecol Oncol. 2017;147(2):267-75.



Unique Adverse Effects

- Olaparib and rucaparib
 - Increased SCr
 - 11% with olaparib
 - 15% with rucaparib



- Due to inhibition of OAT/MATE transporters
- May use cystatin C to estimate GFR

Mirza MR, et al. *N Engl J Med*. 2016;375(25):2154-64.; Oza AM, et al. *Gynecol Oncol*. 2017;147(2):267-75. Pujade-Lauraine E, et al. *Lancet Oncol*. 2017;18(9):1274-84.



Unique Adverse Effects

Olaparib

• Pneumonitis (< 1%)

Rucaparib

- Hypercholesterolemia (40%-84%)
- Photosensitivity
- Dyspepsia
- Dysgeusia

Niraparib

- Insomnia (24%)
- Hypertension (8%)

Summary: Unique Adverse Effects

- Niraparib
 - Monitor blood pressure monthly
 - Take dose in the morning
- Rucaparib
 - Use sunscreen and good sun-protection practices (hats, long sleeves)
 - Consider PPI for dyspepsia, as well as non-pharmacologic interventions
 - Consider good oral hygiene and dietary changes for dysgeusia
 - Consider use of statins for hypercholesterolemia
- Olaparib
 - Hold for new or worsening respiratory symptoms and rule out pneumonitis
- Olaparib and rucaparib asymptomatic increase in serum creatinine



PARP Inhibitors Quality of Life and Real-World Data

Olaparib: TWiST Analysis

- TWiST: time without significant symptoms or toxicity
- TWiST analysis from study of olaparib maintenance in recurrent, platinum-sensitive ovarian cancer (SOLO-2)
 - Used the FACT-O questionnaire
- PFS benefit of olaparib maintenance in recurrent, platinum-sensitive disease achieved without sacrificing quality of life
 - Mean duration of TWiST was 15 months with olaparib vs. 7.7 months with placebo (p<0.0001)



- TWiST analysis from study of niraparib maintenance in recurrent, platinum-sensitive ovarian cancer (NOVA)
 - Data gathered from adverse event monitoring, lab tests, physical exams, vital signs
- PFS benefit of niraparib reinforced by analysis showing 2- to 4-fold greater mean TWiST than patients receiving placebo

Real-World Analyses of Olaparib Use

- Data on real-world use from Sweden, China, Korea, Italy
- Well tolerated with most common adverse effects consistent with major trials
 - Common: nausea, fatigue
 - Most frequent grade 3-4 adverse effect: anemia
- Efficacy outcomes consistent with major trials

Cao Y, et al. *Cancer Reports*. 2019;2:e1180.; Cecere SC, et al. *Gynecol Oncol*. 2020;156(1):38-44.; Eriksson I, et al. *Targeted Oncology*. 2018;13(6):725-33.; Paik ES, et al. *Ann Oncol*. 2018;29(Suppl 9):ix84.

Real-World Analyses of Niraparib Use

- Adverse events when initiating patients on 200 mg/day
 - Patients < 77 kg or baseline platelets < 150,000/μL
 - Based on median dose intensity in the NOVA trial



Comparison of adverse effects: real-world vs. NOVA

Gallagher J, et al. Ann Oncol. 2018;29:(suppl_8):vIII332-58.; Gallagher JR, et al. Future Oncol. 2019;15(36):4197-206.



PARP Inhibitors Implications for a Pharmacist

Real-World Considerations for PARP Inhibitor Use

- ASCO QOPI (Quality Oncology Practice Initiative)
 - Increasing numbers of patients are receiving oral chemotherapy at home
 - Shift in responsibility of management from provider to patient
 - Assessment of adherence is critical
 - Barriers to adherence: adverse effects, financial toxicity

Real-World Considerations for PARP Inhibitor Use

- HOPA (Hematology/Oncology Pharmacist Association)
 - Best practice recommendation for management of oral oncolytics
 - Ensuring safe prescribing
 - Ensuring safe monitoring
 - Providing patient education
 - Collaborating with specialty pharmacies



Adherence Strategies

For pharmacists

- Perform medication education
- Ensure patient has antiemetics
- Assess financial barriers
- Assess symptoms routinely
- Communicate dose changes and tablet sizes
- Evaluate prescription refill rates

For patients

- Use alarms
- Use pill diaries
- Use pill organizers
- Have written concrete guidance for when to call their provider



ARS Question #4

SB is a 67-year-old woman with ovarian cancer. She was treated with 3 cycles of neoadjuvant carboplatin and paclitaxel followed by optimal debulking surgery and will be starting olaparib maintenance.

Which of the following counseling points should be covered in her patient education visit?

- A. Most side effects occur in the first 2 months
- B. Nausea can be managed with an antiemetic and can improve within the first 2 months
- C. Fatigue is a common side effect and quality of life is important for maintenance therapy; report changes in activity level
- D. Adherence to lab monitoring schedule for hematologic toxicity is essential to ensure the safety of the drug
- E. All of the above

Drug Acquisition Considerations

- Distribution through specialty pharmacies
 - Implications for dose reductions
- Patient assistance available
- Manufacturer drug programs



Drug Acquisition Considerations

	Olaparib	Rucaparib	Niraparib
Cost: 30-day supply	~\$17,000/120 tablets	~\$20,000/120 tablets	~\$26,000/90 capsules

10%-20% copay is approximately \$2100-\$4200

Summary



FDA approval of PARPi in ovarian cancer

	Upfront maintenance	Recurrent maintenance	Treatment
Olaparib	X BRCAm	Х	Х
Olaparib + bevacizumab	X HRD		
Rucaparib		Х	Х
Niraparib	Х	Х	Х
Summary

- Most common adverse effects are nausea, fatigue, diarrhea, and bone marrow suppression
 - More thrombocytopenia, neutropenia, and insomnia with niraparib
- Most side effects occur within the first 4-8 weeks and can be managed symptomatically

Future Directions/Outstanding Questions



- FIRST trial with chemo + anti-PD-1 + niraparib
- OVARIO phase III trial with niraparib + bevacizumab
- ATHENA trial with rucaparib + nivolumab
- ENGOT-OV46/AGO/DUO-O trial with durvalumab + bevacizumab + chemo + olaparib
- ENGOT-OV43/BGOG chemo + pembrolizumab + olaparib
- Re-trialing PARPi after patient progression





Question & Answer



Thank you!