

A hand holding a pink ribbon against a dark wood background. The hand is positioned on the left side of the frame, with the fingers curled around the ribbon. The ribbon is a vibrant pink color and is held in a way that it forms a loop. The background is a dark, textured wood surface. A semi-transparent white banner is overlaid across the middle of the image, containing the text.

# **Triple-Negative Breast Cancer**

**Focus on Novel Immunotherapy Combinations  
and Implications for Pharmacists**



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Type of Activity: Application

# Faculty

## **Nelly Adel, PharmD, BCOP, BCPS**

Chair, Pharmacy Practice  
Associate Professor, Oncology  
Touro College of Pharmacy  
New York, NY

Dr. Adel serves as the academic and administrative leader of the Pharmacy Practice department at the Touro College of Pharmacy in New York City. In this role, she coordinates the long-term development of the clinical faculty, is responsible for promoting and supporting research, and oversees the Office of Practice Experience. Prior to joining the college, Dr. Adel served as director of the Oncology Residency Program and manager of Clinical Pharmacy Services at Memorial Sloan-Kettering Cancer Center. Dr. Adel obtained her Doctor of Pharmacy degree from the School of Pharmacy at Lebanese American University in Byblos, Lebanon. She has spoken at conferences and been published worldwide and worked on numerous special projects. She has made meaningful strides in the improvement of patient care in the field of oncology.



# Faculty

## **Meagan S. Barbee, PharmD, BCOP**

Chief Executive Officer  
Barbee Oncology Consulting  
Atlanta, GA

Dr. Barbee owns and operates an oncology consulting business. Prior to restarting her business, Dr. Barbee most recently served as the Clinical Coordinator of Oncology and the PGY2 Oncology Residency Program Director at Emory Healthcare/Winship Cancer Institute in Atlanta, GA where she practiced in breast oncology. Dr. Barbee received her bachelor's degree in Biochemistry from the Georgia Institute of Technology and her Doctor of Pharmacy degree from Mercer University. She completed both her PGY1 and PGY2 Oncology residencies at Emory. Prior to moving to Asia in 2015, Dr. Barbee was an Oncology Clinical Specialist at Memorial Sloan-Kettering Cancer Center in New York City. Dr. Barbee has served in the International Cancer Corps with the American Society of Clinical Oncology in Asia. She has held academic appointments with Mercer University in Atlanta, GA and Meiji Pharmaceutical University in Tokyo, Japan. Dr. Barbee has a passion for globally advancing the treatment and prevention of cancer.



A close-up photograph of a hand holding a pink awareness ribbon, which is a symbol for breast cancer awareness. The ribbon is looped and draped across the hand. The background is a dark, textured surface.

# Disclosures

**Drs. Adel and Barbee** have no relevant affiliations or financial relationships with a commercial interest to disclose.

The clinical reviewer, **Lisa Holle, PharmD, BCOP, FHOPA** has no actual or potential conflicts of interest in relation to this program.

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A close-up photograph of a hand holding a pink awareness ribbon, symbolizing breast cancer awareness. The ribbon is looped and draped across the hand. The background is a dark, textured surface.

# Learning Objectives

- **Discuss** the difficulties of treating triple-negative breast cancer (TNBC) and the rationale for the use of immunotherapy combinations in patients with TNBC
- **Identify** appropriate prognostic and predictive biomarkers in the treatment of TNBC with immunotherapy combinations
- **Examine** the emerging data for immunotherapy combination regimens in the treatment of advanced TNBC
- **Demonstrate** pharmacist-driven strategies to recognize and effectively prevent or manage immunotherapy combination-mediated toxicities

# Outline

## Overview of TNBC and the Immune System

Epidemiology and etiology

Standard approaches

Immunotherapeutic targets



## Predictive and Prognostic Biomarkers

Tumor-infiltrating lymphocytes

PD-1 and PD-L1

Emerging biomarkers



## Emerging Immunotherapy Combinations

Pharmacology and rationale

ICI + chemo

ICI + targeted therapy

ICI + radiation



## Management of Immune-Mediated Toxicities

Recognition

Prevention and management

Emerging combinations



## Role of the Pharmacist

Patient education

Special populations

Practical and logistical considerations





# **Overview of TNBC and the Immune System**

# Epidemiology and Etiology of TNBC

## *Patient Case #1*

ML is a 39-year-old premenopausal Caucasian woman who presents to a medical oncologist for a treatment plan for her newly diagnosed right breast cancer found on screening mammogram and confirmed with ultrasound and core needle biopsy as *invasive ductal carcinoma*.

The tumor is 3.8 cm × 3.2 cm, ER negative, PR negative, HER2 IHC 2+, and FISH negative (i.e., *TNBC disease*).

Pathology reveals a nuclear grade of 2 (*moderately differentiated*) and a Ki-67 of 55%.

She recently underwent a modified radical mastectomy (*MRM*) with *negative LN* and *negative margins* (> 1 mm).

# Epidemiology and Etiology of TNBC

- Triple negative = ER negative, PR negative, HER2 negative
- Accounts for 10% to 17% of all breast carcinomas
- More aggressive than tumors with other molecular subtypes
- Usually presents with high-grade disease
- More commonly diagnosed in women younger than 40 years old
- Weak relationship between tumor size and nodal status

# Epidemiology and Etiology of TNBC



## Disease Course

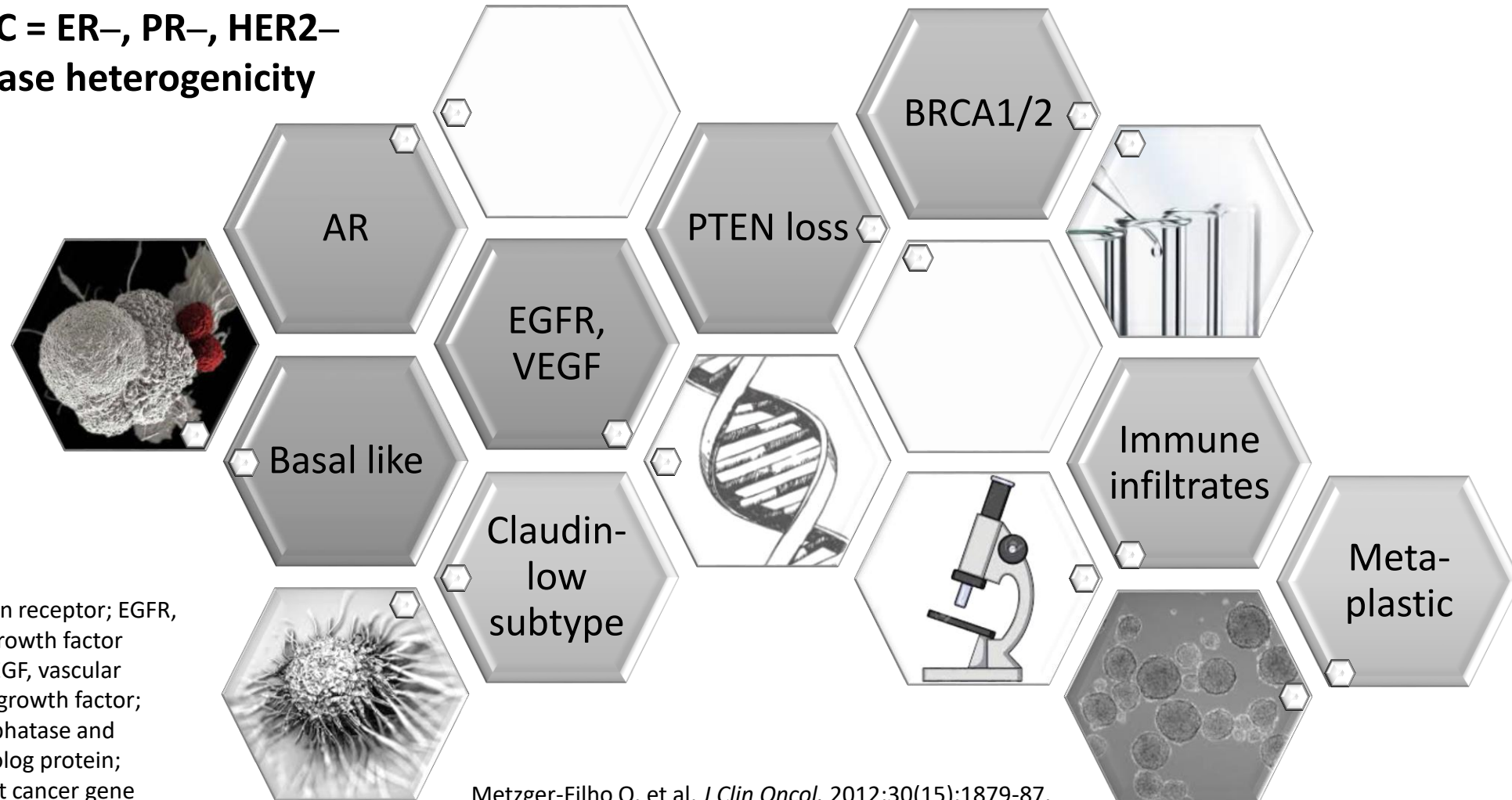
- Rapid risk of recurrence after diagnosis
- Peak risk of recurrence within 1-3 years
- Distant recurrence is not preceded by local recurrence
- Local recurrence is not predictive of distant recurrence

## Prognosis

- Worse than other subtypes
- Increased mortality rate within first 5 years
- Rapid progression from distant recurrence to death

# Epidemiology and Etiology of TNBC

- TNBC = ER<sup>-</sup>, PR<sup>-</sup>, HER2<sup>-</sup>
- Disease heterogeneity



A close-up photograph of a hand holding a pink awareness ribbon, which is a symbol for breast cancer. The ribbon is looped and held between the fingers. The background is a dark, textured surface.

# Epidemiology and Etiology of TNBC

No targets? Are there any other means?

- Androgen receptor (AR) targeting
- Poly ADP ribose polymerase (PARP) inhibitors
- Vascular endothelial growth factor receptor (VEGFR) inhibitors
- Epidermal growth factor receptor (EGFR) inhibitors
- Death receptor and ligand (PD-1 and PD-L1) inhibitors

# Standard Therapies for TNBC

## Standard Chemotherapy Regimens: Neoadjuvant/Adjuvant Disease

Abbreviation	Chemotherapy
AC	Doxorubicin + cyclophosphamide Dose-dense therapy followed by paclitaxel every 2 weeks Dose-dense therapy followed by paclitaxel weekly
TC	Docetaxel + cyclophosphamide
CMF	Cyclophosphamide + methotrexate + fluorouracil
EC	Epirubicin + cyclophosphamide
TAC	Docetaxel + doxorubicin + cyclophosphamide

# Standard Therapies for TNBC

## Standard Chemotherapy Regimens: Metastatic Disease

Class	Chemotherapy	Target Specific
Anthracyclines	Doxorubicin or liposomal doxorubicin	
Taxanes	Paclitaxel	
Anti-metabolites	Capecitabine Gemcitabine	
Microtubule inhibitors	Vinorelbine Eribulin	
PARP inhibitors	Olaparib Talazoparib	BRCA1/2 mutation
Platinums	Carboplatin Cisplatin	
Immunotherapy	Atezolizumab + nab-paclitaxel	PD-L1 positive



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# ARS Question #1

## ***Patient Case #1***

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Pathology reveals a nuclear grade of 2 (*moderately differentiated*) and a Ki-67 of 55%.

She recently underwent a modified radical mastectomy (*MRM*) with *negative LN* and *negative margins* (> 1 mm).

What do you recommend for this patient?

1. AC every 3 weeks
2. No adjuvant therapy is needed
3. TC regimen
4. CMF regimen

# Immunotherapeutic Targets in TNBC

- Higher expression of PD-L1 in TNBC than in HR+ breast cancers
  - 26% of primary TNBCs expressed PD-L1 on cancer cell surface
- Higher tumor mutational load in TNBC than in other subtypes
- Higher level of tumor-infiltrating lymphocytes (TILs)
  - Suggests an immune response to tumor-associated antigens
  - Prognostic significance
- Genomic instability and high rates of genetic mutations
  - Production of more neoantigens and increased immunogenicity



# **Predictive and Prognostic Biomarkers**

# PD-1 and PD-L1



## Coactivation signals

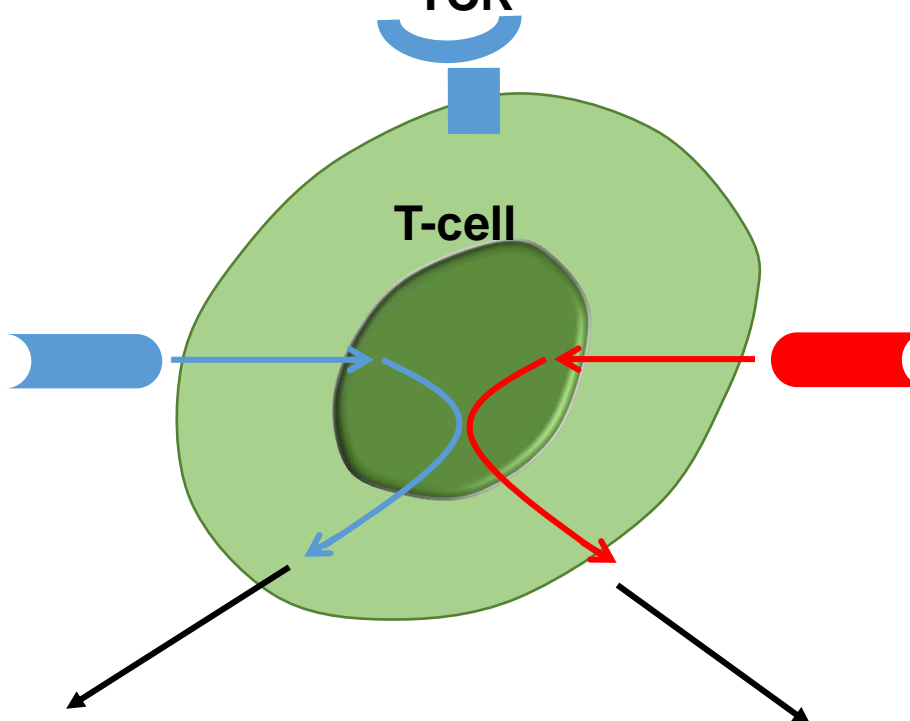
- CD28
- OX40
- GITR
- CD137
- CD27
- HVEM

Agonistic mAbs to ↑ activation

## T-cell stimulation

TCR

T-cell



PD-1 and PD-L1

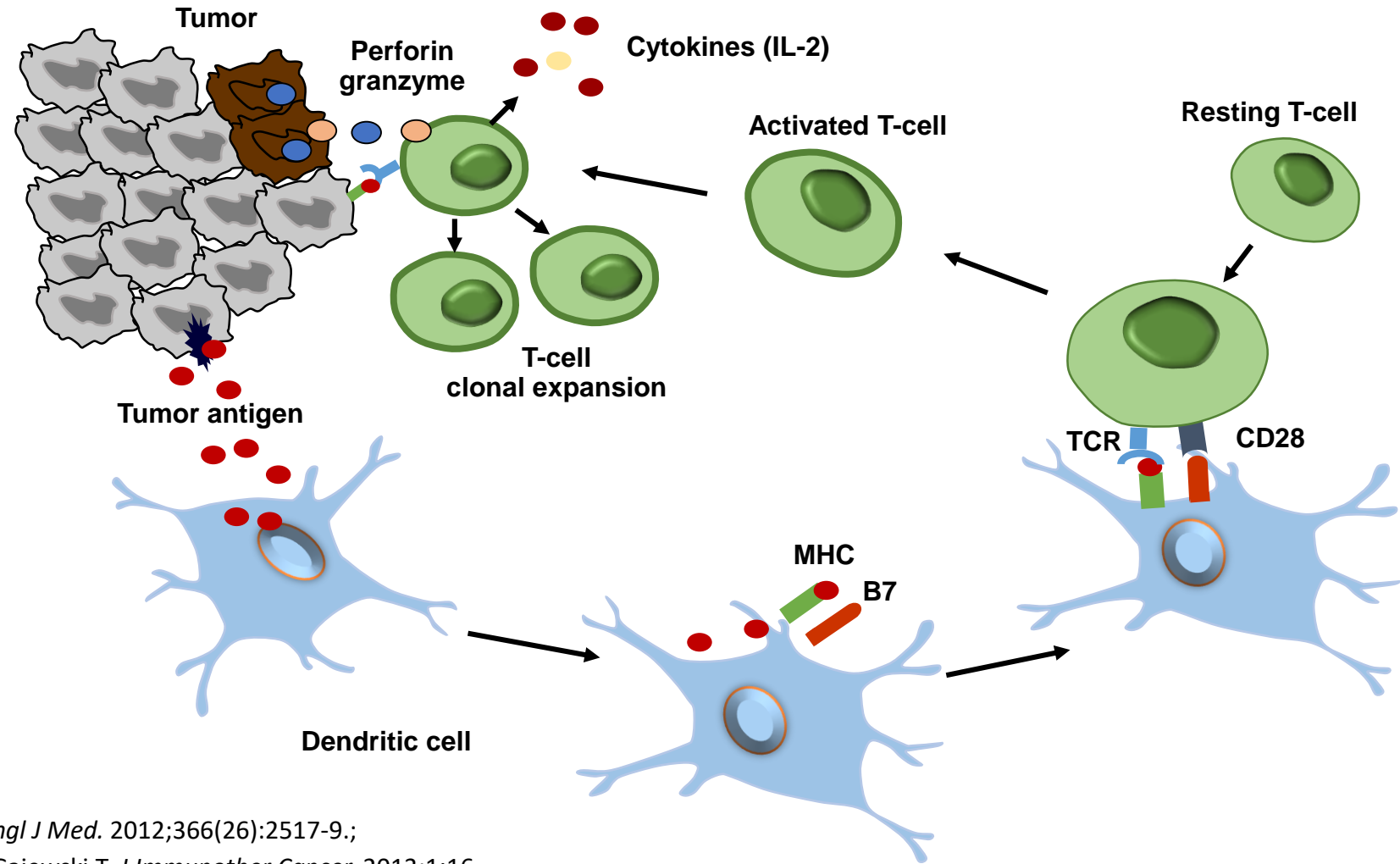
## Inhibitory signals

- CTLA-4
- PD-1
- TIM-3
- BTLA
- VISTA
- LAG-3

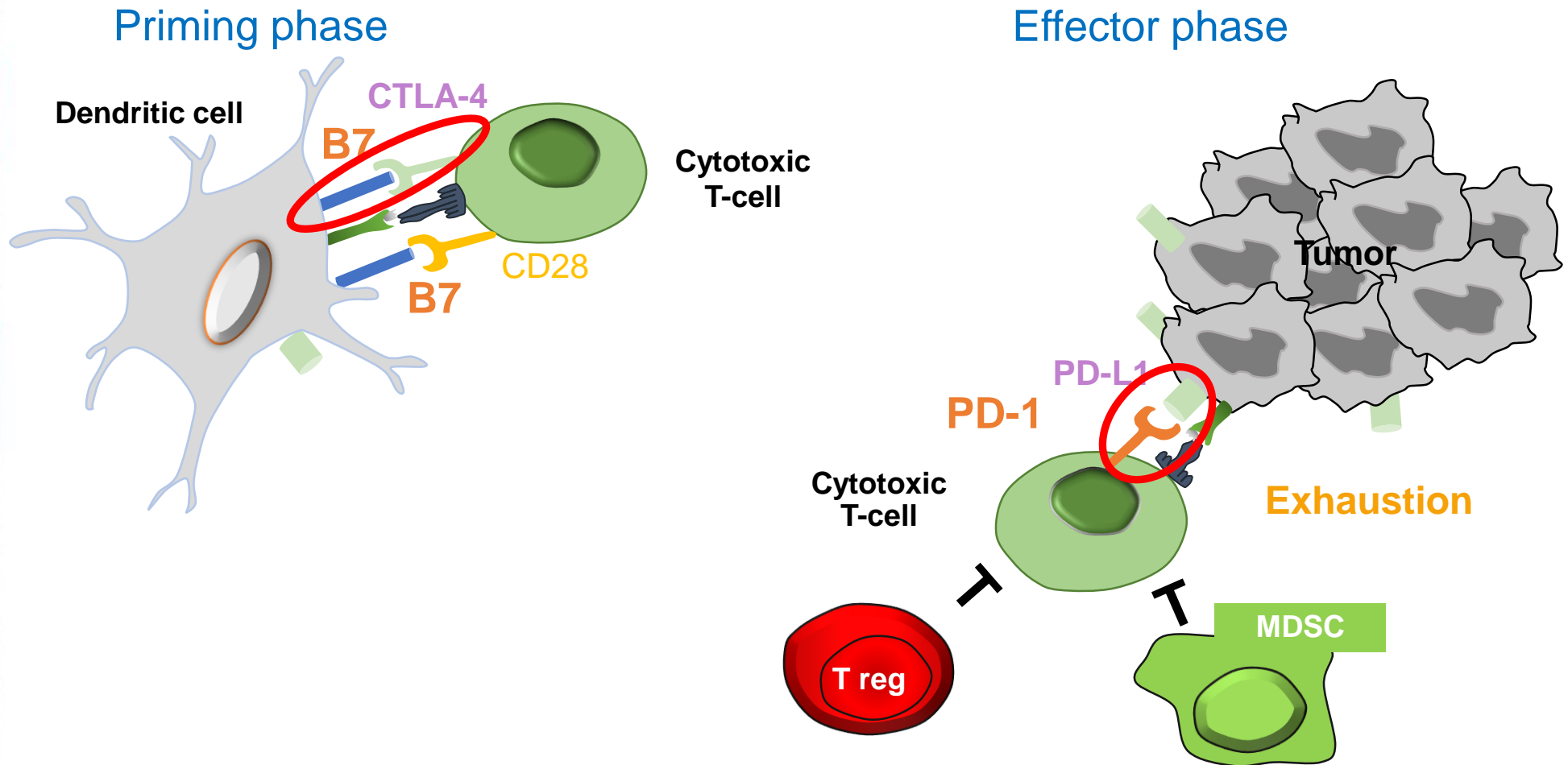
Blocking mAbs to ↑ activation

## T-cell inhibition

# Tumor Immunology: Overview

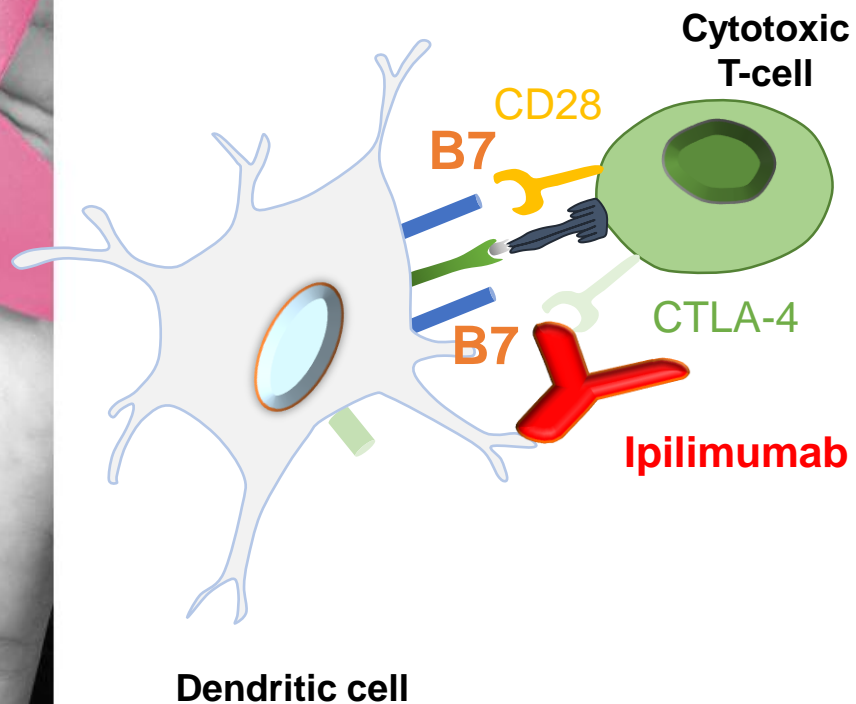


# Tumor Immunology: Overview

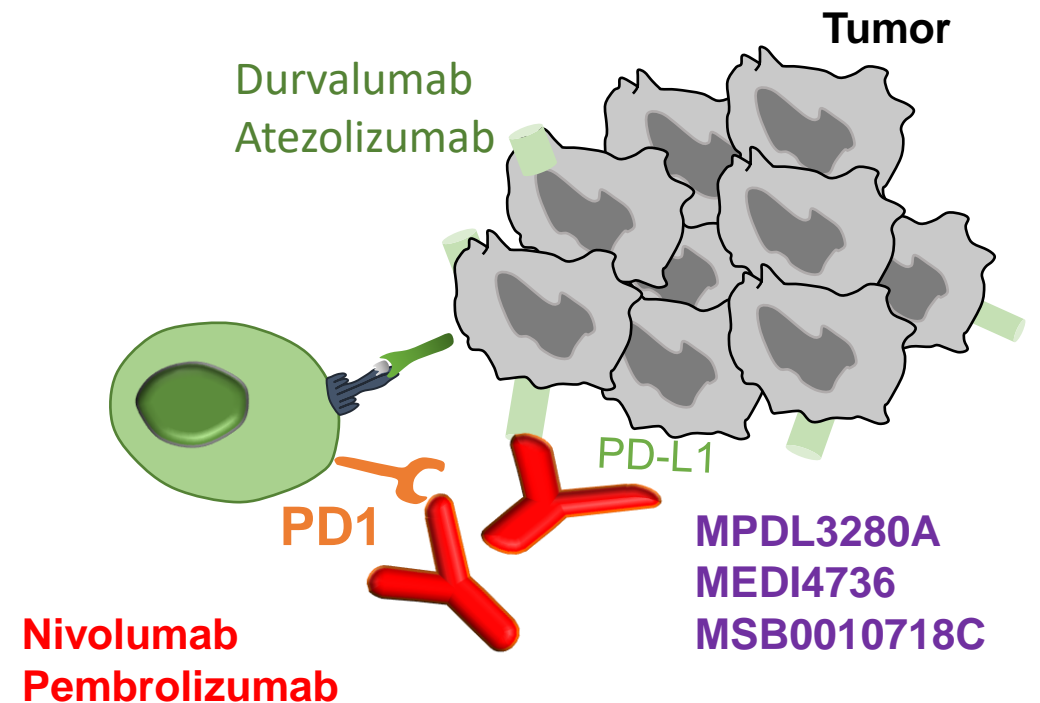


# Tumor Immunology: Overview

## Priming: T-cell activation in the lymph node



## Effector phase: peripheral tissues



A grayscale image of a hand holding a bright pink awareness ribbon, which is a symbol for breast cancer. The ribbon is looped and draped across the hand. The background is a dark, textured surface.

# Emerging Biomarkers

- **Tumor-infiltrating lymphocytes**

- Present intramurally and in adjacent stromal tissues
- Have predictive and prognostic roles
- Increased TILs have been associated with high pathologic complete response (pCR)
- Associated with higher overall survival (OS) in patients with HER2+ disease



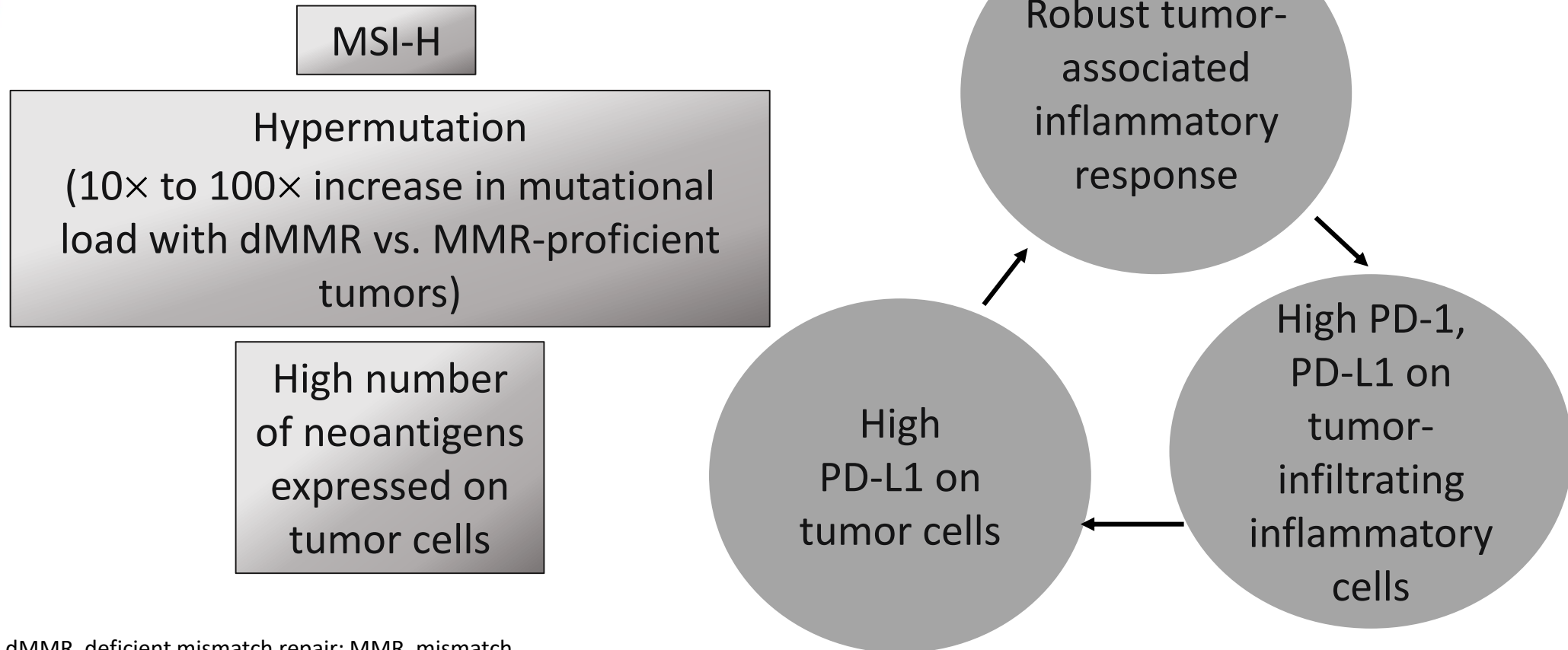
# Emerging Biomarkers

- **Tumor mutational burden (TMB)**

- High TMB is an emerging predictive biomarker for checkpoint inhibitor therapy
- Higher TMB in TNBC than in other subtypes
- TAPUR: a phase II basket study evaluating targeted agents in patients with advanced cancers that have specific genomic alterations
  - ASCO 2019: authors reported on a cohort of 28 metastatic TNBC patients
  - Heavily pretreated: 93% of patients had 3+ lines of prior therapy in stage IV setting
  - All patients had high TMB ( $\geq 9$  mutations per megabase)
  - Received pembrolizumab IV every 3 weeks until progression
  - Disease control rate (DCR): 37%
  - Objective response rate (ORR): 21%

# Emerging Biomarkers

- **Microsatellite instability (MSI)**



dMMR, deficient mismatch repair; MMR, mismatch repair; MSI-H, microsatellite instability-high.



# **Emerging Immunotherapy Combinations**

A close-up photograph of a hand holding a pink awareness ribbon, which is a symbol for breast cancer. The ribbon is looped and draped over the fingers. The background is a dark, textured surface.

# Neoadjuvant

## *Patient Case #2*

SG is a 42-year-old premenopausal woman of Ashkenazi Jewish descent. She presents to a medical oncologist for a treatment plan for her newly diagnosed left breast cancer found on screening mammogram and confirmed with ultrasound and core needle biopsy as *invasive ductal carcinoma*.

The tumor is 4.4 cm × 4.2 cm, ER negative, PR negative, HER2 IHC 1+, and FISH negative (i.e., *TNBC disease*).

Pathology reveals a nuclear grade of 3 (*moderately differentiated*) and a Ki-67 of 62%.

Upon physical exam, there are no palpable lymph nodes.

A close-up photograph of a hand holding a pink awareness ribbon, which is a symbol for breast cancer. The ribbon is looped and draped across the fingers and palm. The background is a dark, textured surface.

# Neoadjuvant and pCR

- pCR is a key outcome in neoadjuvant trials
  - Successful surgery: complete resection with negative margins
  - No residual disease
  - Better prognosis
  - Occurs in 30%-40% of patients with TNBC treated with neoadjuvant therapy
    - Opportunity for changes in practice
  - High risk of recurrence in patients who do not achieve pCR
- Chemotherapy has become the standard of care for tumors that are > 2 cm

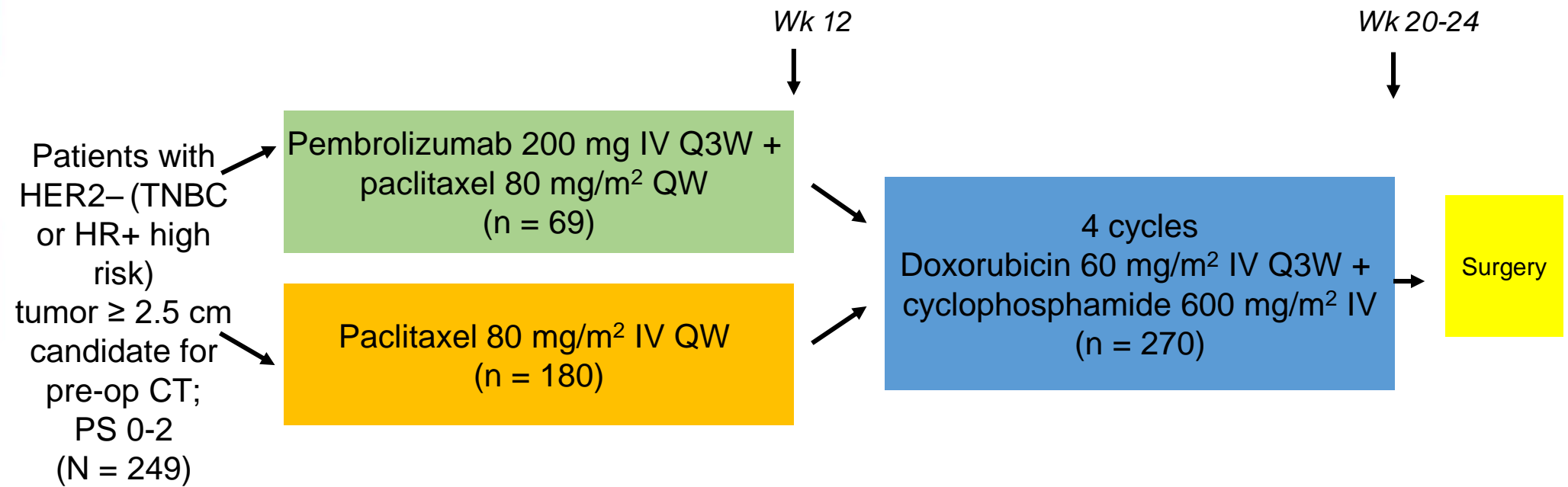
A close-up photograph of a hand holding a pink awareness ribbon, which is a symbol for breast cancer. The ribbon is looped and held between the fingers. The background is a dark, textured surface.

# Rationale for ICIs + Chemotherapy

- Do they really complement each other?
  - The theory is that chemotherapy can increase neoantigens and increases apoptosis when given prior to ICIs
- Neoadjuvant trials
- Adjuvant trials
- Metastatic trials

# I-SPY-2: Pembrolizumab + Chemo

*Randomized, double-blind, phase III trial*



**Primary endpoint: pCR**

CT, computed tomography; IV, intravenous; PS, performance status; Q3W, every 3 weeks; QW, every week.

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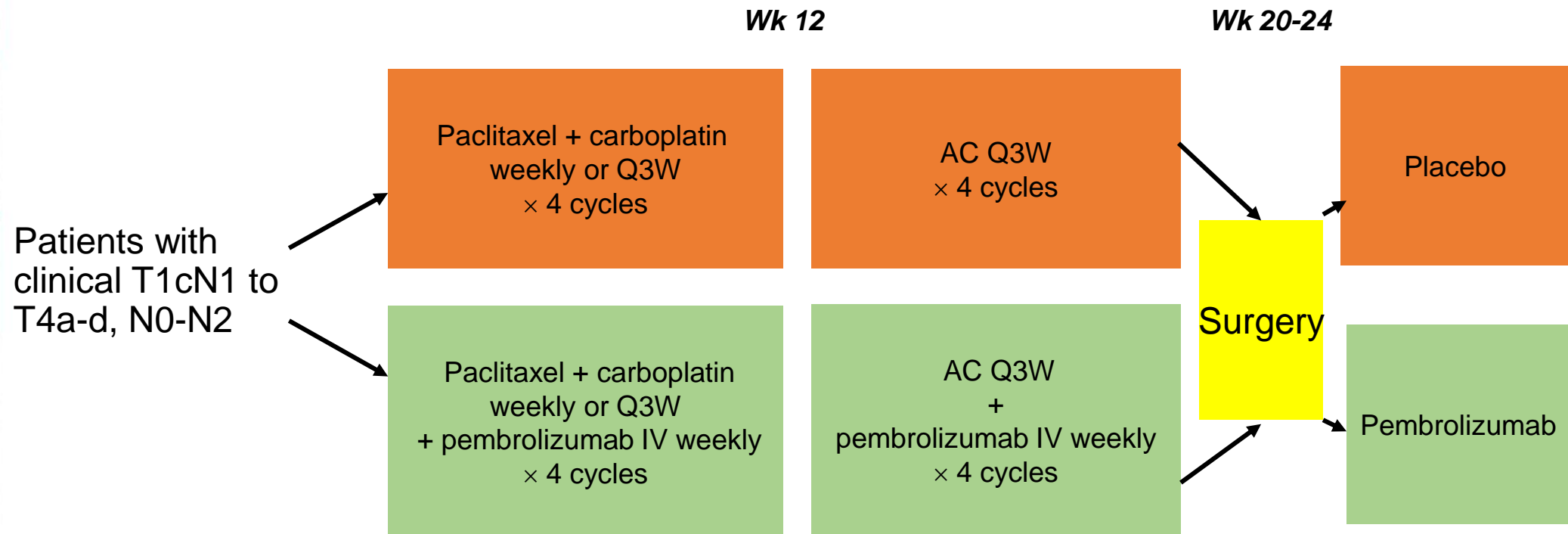
# I-SPY-2: Pembrolizumab + Chemo

- Pembrolizumab predicted to augment activity of paclitaxel in neoadjuvant T → AC for HER2-negative patients with early-stage disease
  - High pCR rate in TNBC signature (60% vs. 20%)
  - High pCR rate in HR+/HER2– signature (34% vs. 13%)
- More adrenal insufficiency with pembrolizumab + paclitaxel than in previous studies of pembrolizumab in advanced cancer
- More data to come regarding several arms of prior trial



# KEYNOTE-522: Pembrolizumab + Chemo

Randomized, double-blind, *placebo-controlled*, phase III trial



**Primary endpoints (dual): pCR and EFS**

EFS, event free survival

# KEYNOTE-522: Pembrolizumab + Chemo

Outcome	Pembrolizumab + Chemo n=784	Placebo + Chemo n=390
pCR (ypT0/Tis ypN0)	64.8% (95% CI, 59.9-69.5)	51.2% (95% CI, 44.1-58.3)
	p = 0.00055	
PD-L1+	68.9%	54.9%
PD-L1-negative	45.3%	30.3%
pCR (ypT0 ypN0 )	59.9%	45.3%
pCR (ypT0/Tis)	68.6%	53.7%
EFS	HR 0.63 (95% CI, 0.43-0.93), favoring pembrolizumab	
Grade 3 or higher adverse events	78%	73%

# SWOG S1418

*Randomized, phase III trial of TNBC with residual disease*

Patients with  
TNBC  
≥ 1 cm  
N(+/-)  
PD-L1 (+/-)

Neoadjuvant chemo

pCR  
not achieved

Observation

Pembrolizumab  
200 mg IV  
Q3W × 1 year

**Primary endpoint: disease-free survival in PD-L1+**

# ARS Question #2

## *Patient Case #2*

SG is a 42-year-old premenopausal woman of Ashkenazi Jewish descent. She presents to a medical oncologist for a treatment plan for her newly diagnosed left breast cancer found on screening mammogram and confirmed with ultrasound and core needle biopsy as *invasive ductal carcinoma*.

The tumor is 4.4 cm × 4.2 cm, ER negative, PR negative, HER2 IHC 1+, and FISH negative (i.e., *TNBC disease*).

Pathology reveals a nuclear grade of 3 (*moderately differentiated*) and a Ki-67 of 62%.

Upon physical exam there are no palpable lymph nodes.

What would you recommend for this patient as a valid clinical trial?

1. Neoadjuvant therapy with chemotherapy alone
2. Neoadjuvant chemotherapy + radiation
3. Neoadjuvant ICI only
4. Neoadjuvant ICI + chemotherapy

# Metastatic Disease

## *Patient Case #3*

RK is a 49-year-old premenopausal African American woman who came back to the clinic for *new* findings on her CT scans.

The patient was diagnosed *3 years ago* with early-stage TNBC. She underwent a double mastectomy with breast reconstruction. She received *standard treatment* with chemotherapy and radiation.

RK received *dose-dense AC* followed by weekly paclitaxel. She completed her regimen with some mild episodes of emesis despite proper treatment.

Lately, she has not been feeling well: she went to her family doctor who advised her to undergo an abdominal and chest CT.

CT of abdomen and chest revealed several nodules in the liver. A biopsy was done and pathology revealed metastatic disease with a tumor that is still *negative for all conventional markers (ER, PR, HER2)*.



# IMpassion 130: Atezolizumab + Chemo

*Randomized, double-blind, placebo-controlled, phase III trial*

Patients with mTNBC,  
no prior therapy for  
advanced setting,  
RECIST v1.1 measurable  
disease;  
ECOG PS 0/1;  
tumor evaluable for  
PD-L1  
(N = 902)

Atezolizumab 840 mg IV Q2W +  
nab-paclitaxel 100 mg/m<sup>2</sup> IV on D1, 8, and 15  
28-day cycles  
(n = 451)

Placebo IV Q2W +  
nab-paclitaxel 100 mg/m<sup>2</sup> IV on D1, 8, and 15  
28-day cycles  
(n = 451)

Treatment until PD  
per RECIST v1.1  
or intolerable  
toxicity

**Primary endpoint: PFS and OS (ITT population and PD-L1+ subgroup)**

ECOG, Eastern Cooperative Oncology Group; ITT, intent-to-treat; mTNBC, metastatic triple-negative breast cancer; PD, progressive disease; Q2W, every 2 weeks; PFS, progression-free survival; RECIST, Response Evaluation Criteria in Solid Tumors.

Schmid P, et al. *J Clin Oncol*. 2019;37(15\_suppl):abstract 1003.;

Schmid P, et al. *N Engl J Med*. 2018;379(22):2108-21.

# IMpassion 130: Atezolizumab + Chemo

Outcome	Atezolizumab + nab-paclitaxel n=451	Placebo + nab-paclitaxel n=451
mPFS overall cohort*	7.2 months	5.5 months
	HR 0.80, 95% CI 0.69-0.92, p=0.002	
mPFS PD-L1+ subgroup	<b>7.5 months</b>	<b>5.0 months</b>
	<b>HR 0.62, 95% CI 0.49-0.78, p&lt;0.001</b>	
mOS overall cohort	21.3 months	17.6 months
	HR 0.84, 95% CI 0.69-1.02, p=0.08 (interim)	
mOS PD-L1+ subgroup	<b>25.0 months</b>	<b>15.5 months</b>
	<b>HR 0.62, 95% CI 0.45-0.86</b>	
ORR overall/PDL1+ subgroup	56.0%/58.9%	45.9%/42.6%
mDoR overall/PD-L1+ subgroup	7.4 months/8.5 months	5.6 months/5.5 months
Rate of grade 3-4 AEs	48.7%	42.2%

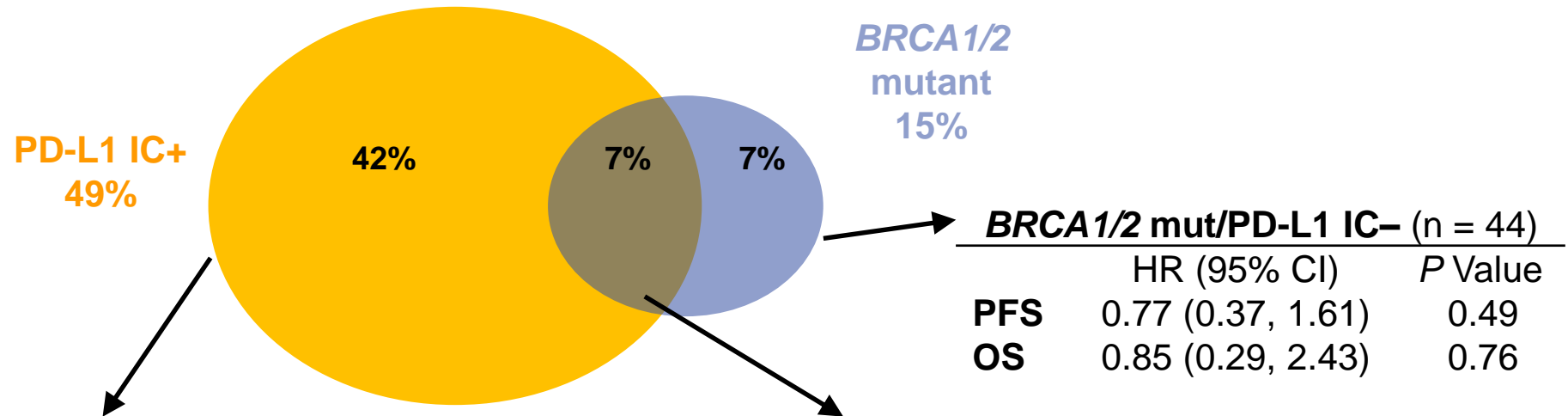
\*HR for mPFS crossed line of unity in multiple subgroups, namely in patients who were PD-L1 negative (mPFS = 5.6 months for both arms)

Schmid P, et al. *J Clin Oncol*. 2019;37(15\_suppl):abstract 1003.;

Schmid P, et al. *N Engl J Med*. 2018;379(22):2108-21.

# IMpassion 130: Benefit in PD-L1 IC+ Independent of *BRCA1/2*

- Updates from SABCS 2018



<u>BRCA1/2 non-mut/PD-L1 IC+ (n = 257)</u>		
	HR (95% CI)	P value
<b>PFS</b>	0.63 (0.48, 0.83)	≤ 0.005
<b>OS</b>	0.62 (0.43, 0.91)	0.01

<u>BRCA1/2 mut/PD-L1 IC+ (n = 45)</u>		
	HR (95% CI)	P value
<b>PFS</b>	0.45 (0.21, 0.96)	0.04
<b>OS</b>	0.87 (0.26, 2.85)	0.82

- *BRCA1/2* mutants and PD-L1 IC+ are independent from each other ( $P = ns$ )
- **Patients with *BRCA1/2*-mutant tumors derived clinical benefit (PFS/OS) only if their tumors were also PD-L1 IC+**



# IMpassion 130: Atezolizumab + Chemo

- Updates from ASCO 2019

Patient: n (%)	Atezolizumab + nab-paclitaxel (n = 451)	Placebo + nab-paclitaxel (n = 451)
Patients on study		
▪ Active on treatment	39 (9)	13 (3)
▪ Active in survival follow-up	133 (30)	135 (30)
Patients who discontinued		
▪ Dead	255 (57)	279 (62)
▪ Lost to follow-up	24 (5)	24 (5)



# IMpassion130: Atezolizumab + Chemo

## Outcomes and Subgroups

- PFS and OS benefit was observed in patients with a PD-L1 IC of  $\geq 1\%$
- A treatment effect was not seen when adding atezolizumab to chemotherapy in the PD-L1-negative subgroup

## Biomarkers and Targets in Study Population

- PD-L1 IC expression was the best predictor of clinical benefit
- Patients with tumor-infiltrating immune cells (stromal TILs+) or cytotoxic T-cells (CD8+) derived clinical benefit with atezolizumab + nab-paclitaxel if their tumors were also PD-L1 IC+
- PFS and OS results were consistent regardless of BRCA1/2 mutation status

## Conclusions

- PD-L1 expression on IC is a predictive biomarker for selecting patients who clinically benefit from first-line atezolizumab + nab-paclitaxel treatment for mTNBC
- Atezolizumab + nab-paclitaxel sets new benchmark in first-line setting for patients with PD-L1+ metastatic TNBC
- First therapy to cross 2-year landmark OS benefit in this setting (24-month OS: 51% vs. 37%)
- FDA approved and guideline recommended

# KEYNOTE-355: Pembrolizumab + Chemo

*Phase III trial*

Patients with  
mTNBC  
PD-L1(+/-)  
First Line

Placebo  
+  
chemotherapy

Progression of  
disease

Pembrolizumab  
+  
chemotherapy

Chemotherapy:

Nab-paclitaxel

Paclitaxel

Gemcitabine/carboplatin



# ICI + Targeted Therapy

## PARP inhibitors: clinical trials to watch

- Olaparib + durvalumab phase II studies
  - MEDIOLA: BRCA-**mutated**, any PD-L1 status, metastatic disease
    - Preliminary results
      - ORR: 10%
      - mDOR: 11.1 months
    - NCT03801369: BRCA **wild-type**, any PD-L1 status, metastatic disease
    - DORA: platinum treated, **any BRCA status**, any PD-L1 status, advanced/metastatic disease
  - Niraparib + pembrolizumab
    - TOPACIO (Keynote-162)



# TOPACIO: Pembrolizumab + Niraparib

## Study Design and Intervention

- Open-label, single-arm, phase II study with a phase I lead-in
- 200 mg oral niraparib once daily and 200 mg IV pembrolizumab every 3 weeks

## Patients

- Metastatic TNBC
- **Any BRCA status, any PD-L1 status, any platinum status**
- Median of 1 previous line of therapy (range, 0-3)

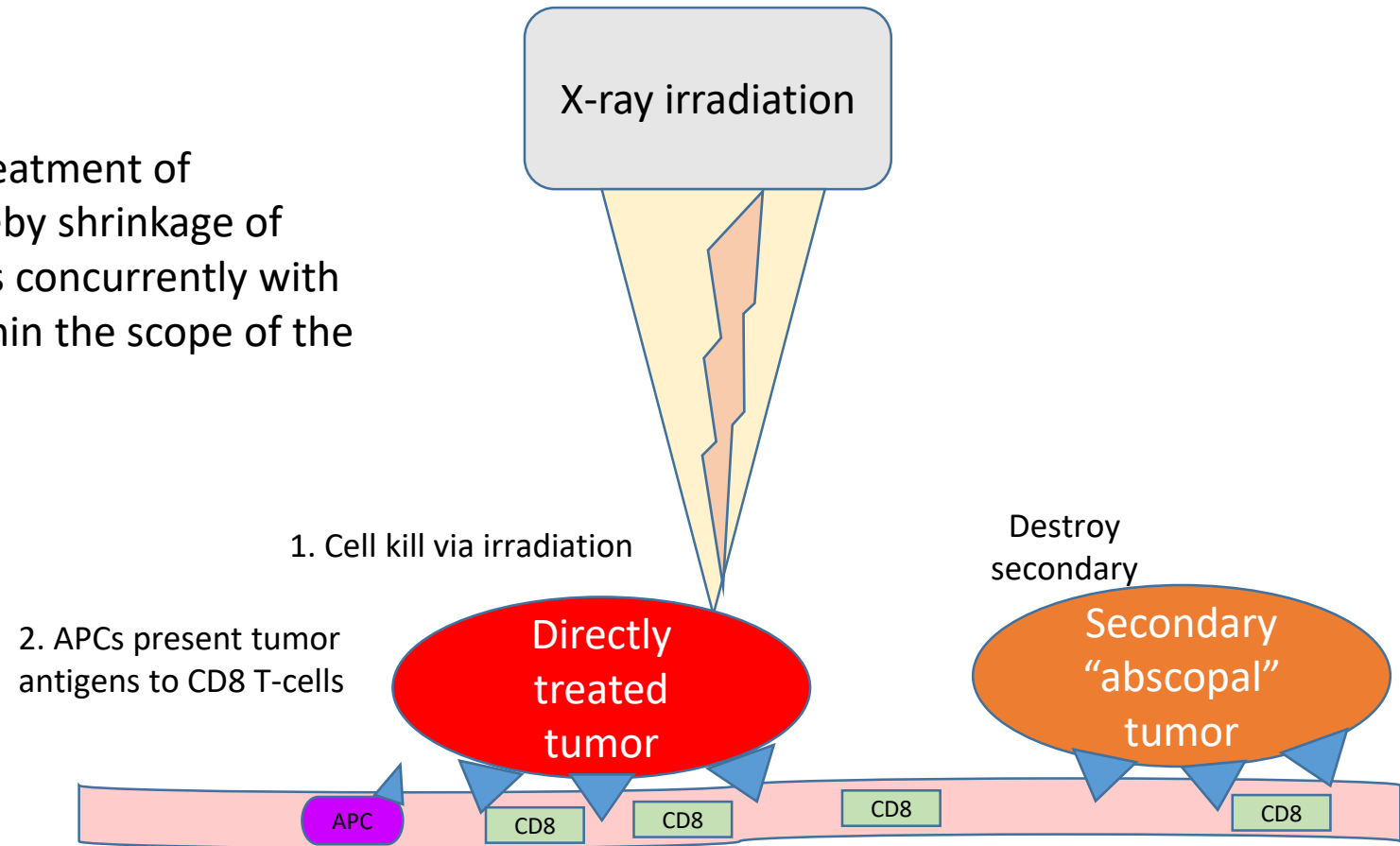
## Endpoints and Outcomes

- Primary endpoint, ORR: 21% in the efficacy-evaluable patients
  - 47% in BRCA-mutated and 11% in BRCA wild-type
  - 32% in PD-L1+ and 8% in PD-L1–
  - Higher in platinum-naïve patients
- DCR (at least stable disease): 49%
- mPFS: 2.3 months (95% CI: 2.1-3.9)
- mDOR, OS: immature
- Safety events: anemia, thrombocytopenia, fatigue, nausea, constipation

# Rational for ICI + Radiation

- **Abscopal Effect**

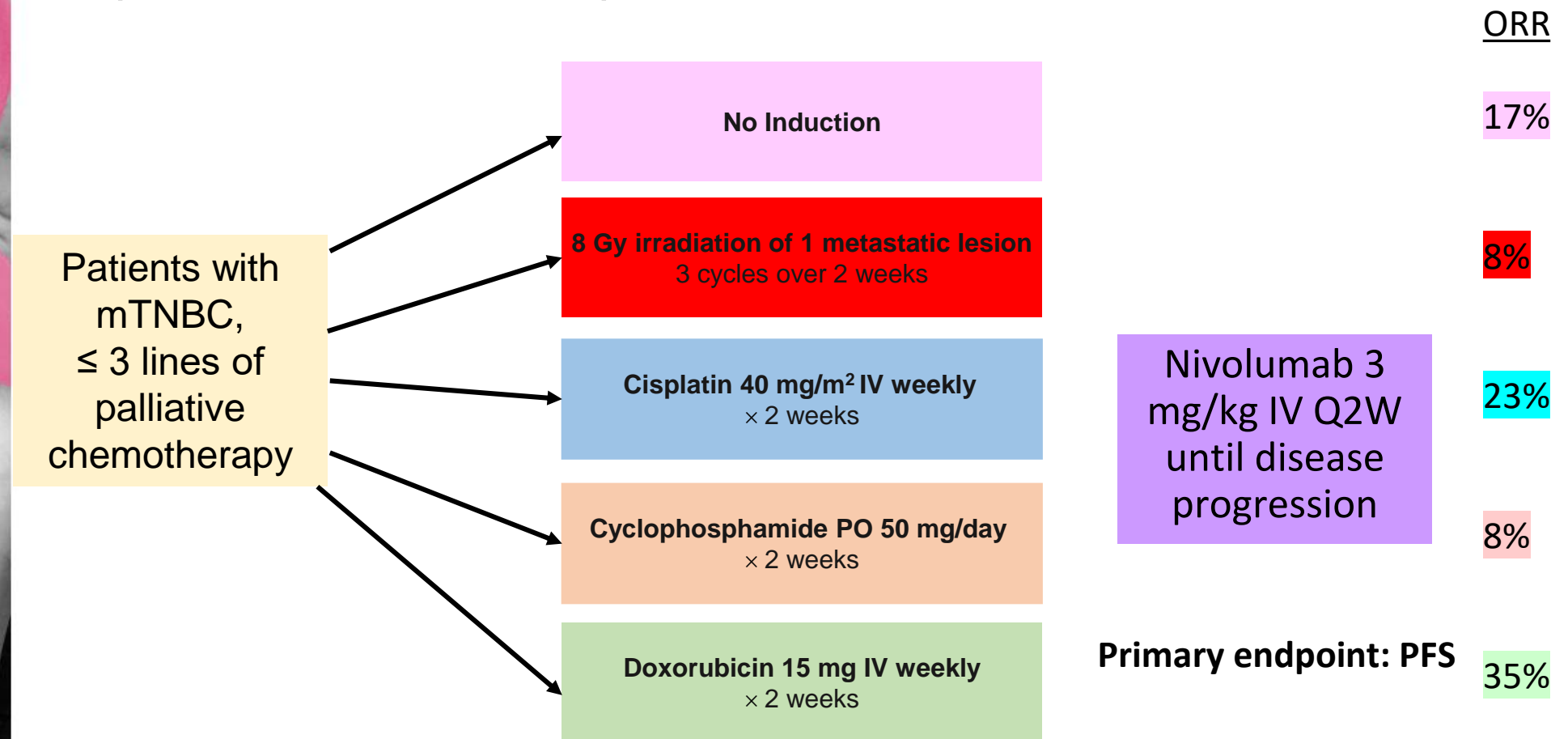
The hypothesis in the treatment of metastatic cancer whereby shrinkage of untreated tumors occurs concurrently with shrinkage of tumors within the scope of the localized treatment



3. CD8 T-cells circulate through the body destroying both directly irradiated and "abscopal" tumors

# TONIC Trial: ICI + Radiation

*Adaptive, non-randomized phase II trial*



# ARS Question #3

## **Patient Case #3**

RK is a 49-year-old *premenopausal* African American woman who came back to the clinic for new findings on her CT scans.

The patient was diagnosed *3 years ago* with early stage TNBC. She underwent a double mastectomy with breast reconstruction. She received standard treatment with chemotherapy and radiation.

RK received dose-dense AC followed by weekly paclitaxel. She completed her regimen with some mild episodes of emesis despite proper treatment.

Lately, she has not been feeling well: she went to her family doctor who advised her to undergo an abdominal and chest CT.

CT of abdomen and chest revealed several nodules in the liver. A biopsy was done and pathology revealed *metastatic disease with a tumor that is still negative for all conventional markers (ER, PR, HER2)*. The patient tested positive for PD-L1.

What do you recommend as first-line therapy on the basis of the *latest data*?

1. Atezolizumab + nab-paclitaxel
2. Atezolizumab + paclitaxel
3. Pembrolizumab + atezolizumab
4. Pembrolizumab + paclitaxel





# **Management of Immune-Mediated Adverse Events (imAEs) and Toxicities**

# Recognition of ImAEs



## Commonly Affected Organ Systems

- Skin
- Gastrointestinal
- Endocrine
- Pulmonary
- Renal

## Patient Education

- Helpful handouts
- When to call office
- Timing of onset

## Laboratory Monitoring

- CBC w/ diff
- CMP – liver, renal, glucose
- HbA1C
- ACTH
- TSH, Free T4

## Qualitative Monitoring

- Neurologic changes
- Mood
- Libido
- Diarrhea
- Rash
- Fatigue
- Pulmonary dysfunction

ACTH, adrenocorticotrophic hormone; CBC, complete blood count; CMP, comprehensive metabolic panel; HbA1C, hemoglobin A1C; TSH, thyroid-stimulating hormone.

# Onset and Incidence of Select ImAEs

ImAE	Onset	Incidence (any grade)
Dermatologic reactions	4-6 weeks (1-2 cycles)	30%-50%
Colitis	5-10 weeks	8%-27%
Hepatitis	6-12 weeks	2%-10%
Pneumonitis	12 weeks (range, 2-24 months)	0%-10%
Hypothyroidism	10 weeks (range, 4-68)	6.5%
Hyperthyroidism	6.7 weeks (range, 2-68)	2.5%
Nephritis	13 weeks (range, 3-35)	1%-2%
Hypophysitis	10 weeks	1.2%
Adrenal insufficiency	10-17 weeks	0.7%
Insulin-deficient diabetes	varies widely	0.2%

A hand holding a pink awareness ribbon, symbolizing breast cancer awareness.

# Rare ImAEs

## Musculoskeletal

- Inflammatory arthritis
- Myositis
- Polymyalgia-like syndrome
- Myocarditis

## Neurologic

- Myasthenia gravis
- Guillain-Barre syndrome
- Peripheral neuropathy
- Autonomic neuropathy
- Aseptic meningitis
- Encephalitis
- Transverse myelitis

## Hematologic

- Autoimmune hemolytic anemia
- Acquired thrombocytopenic purpura
- Hemolytic uremic syndrome
- Aplastic anemia
- Lymphopenia
- Immune thrombocytopenia
- Acquired hemophilia



# Overlapping Toxicities: Future Considerations in TNBC

Peripheral neuropathy

- Vinorelbine, taxanes, eribulin, platinum

Cardiotoxicity

- Anthracyclines

Autonomic neuropathy

- Vinorelbine

Hemolytic uremic syndrome

- Gemcitabine

Lymphopenia

- Cytotoxic chemotherapy, PARP inhibitors

Rash

- Taxanes, radiation

Diarrhea

- Taxanes, PARP inhibitors

**Toxicities: due to individual drug, combination therapy, or progression of disease?**

# Prevention and Management of ImAEs

- NCCN and ASCO guidelines
  - Predate data in TNBC
- No routine prophylaxis recommended
- Early detection and intervention is paramount
- Dose modifications
  - Hold or discontinue ICI, do not dose reduce
  - Identify whether ICI, other therapy, or progression is responsible
- Supportive care + increased monitoring
  - First line
  - Continue even if steroids are necessary
- Steroids
- Steroid-refractory adjuncts
- Consider specialist consultation for grade 3+ or refractory cases

NCCN, National Comprehensive Cancer Network.

# Management of ImAEs: Dermatologic Reactions

Grade	Definition	Treatment	ICI Modulation
Grade 1	<ul style="list-style-type: none"> <li>Covering &lt; 10% BSA</li> <li>Pruritus only</li> <li>Symptoms do not affect QOL or are controlled with topical/oral antipruritic regimen</li> </ul>	<ul style="list-style-type: none"> <li>Topical emollient</li> <li>Moderate-to-high-potency topical steroid</li> <li>Oral antihistamine</li> </ul>	<ul style="list-style-type: none"> <li>Continue ICI for rash/pruritus</li> <li>Hold ICI for bullous dermatitis until resolved</li> </ul>
Grade 2	<ul style="list-style-type: none"> <li>Covering 10%-30% BSA</li> <li>Intense or widespread or intermittent skin changes from scratching</li> <li>Limiting instrumental ADLs</li> </ul>	<ul style="list-style-type: none"> <li>High-potency topical steroid</li> <li>Oral antihistamine</li> <li>Prednisone 0.5-1 mg/kg/day for bullous dermatitis</li> </ul>	<ul style="list-style-type: none"> <li>Consider holding ICI</li> <li>Hold ICI for bullous dermatitis</li> </ul>
Grade 3 or 4	<ul style="list-style-type: none"> <li>Covering &gt; 30% BSA</li> <li>Limiting self-care ADLs</li> </ul>	<ul style="list-style-type: none"> <li>High-potency topical steroid</li> <li>Prednisone 0.5-1 mg/kg/day</li> </ul>	<ul style="list-style-type: none"> <li>Hold ICI</li> </ul>
Permanently discontinue ICI for Grade3-4 bullous dermatitis, Stevens-Johnson Syndrome, or toxic epidermal necrolysis			

ADLs, activities of daily living; BSA, body surface area; QOL, quality of life.

# Management of ImAEs: Diarrhea/Colitis

Grade	Definition	Treatment	ICI Modulation
Grade 1	<ul style="list-style-type: none"><li>&lt; 4 bowel movements/day above baseline</li><li>No colitis symptoms</li></ul>	<ul style="list-style-type: none"><li>Loperamide</li><li>Diphenoxylate/atropine</li></ul>	Consider holding ICI
Grade 2	<ul style="list-style-type: none"><li>4-6 bowel movements/day above baseline</li><li>Colitis symptoms not interfering with ADLs</li></ul>	<ul style="list-style-type: none"><li>Methylprednisolone 1 mg/kg/day</li></ul>	Hold ICI
Grade 3 or 4	<ul style="list-style-type: none"><li>&gt; 6 bowel movements/day above baseline</li><li>Colitis symptoms interfering with ADLs</li><li>Hemodynamic instability</li><li>Ischemic bowel, perforation, or toxic megacolon</li></ul>	<ul style="list-style-type: none"><li>Methylprednisolone 2 mg/kg/day</li></ul>	Grade 3: hold ICI Grade 4: discontinue ICI

Risk factor: non-steroidal anti-inflammatory drugs (NSAIDs)



# Management of ImAEs: Hepatitis

Grade	Definition	Treatment	ICI Modulation
Grade 1	<ul style="list-style-type: none"> <li>• Transaminitis &gt; ULN to 3 × ULN</li> <li>• Bilirubin &gt; ULN to 1.5 × ULN</li> </ul>	--	Consider holding ICI
Grade 2	<ul style="list-style-type: none"> <li>• Transaminitis &gt; 3 × ULN to ≤ 5 × ULN</li> <li>• Bilirubin &gt; 1.5 to ≥ 3 × ULN</li> </ul>	<ul style="list-style-type: none"> <li>• Prednisone 0.5-1 mg/kg/day</li> </ul>	Hold ICI
Grade 3	<ul style="list-style-type: none"> <li>• Transaminitis 5-20 × ULN</li> <li>• Bilirubin 3-10 × ULN</li> <li>• Symptomatic</li> <li>• Fibrosis on biopsy</li> </ul>	<ul style="list-style-type: none"> <li>• Consider hospitalization</li> <li>• Methylprednisolone 1-2 mg/kg/day</li> </ul>	Discontinue ICI
Grade 4	<ul style="list-style-type: none"> <li>• Transaminitis &gt; 20 × ULN</li> <li>• Bilirubin &gt; 10 × ULN</li> <li>• Decompensated liver function/symptomatic</li> </ul>	<ul style="list-style-type: none"> <li>• Hospitalization</li> <li>• Methylprednisolone 2 mg/kg/day</li> </ul>	Discontinue ICI

ULN, upper limit of normal.

# Management of ImAEs: Pneumonitis

Grade	Definition	Treatment/ICI Modulation
Grade 1	<ul style="list-style-type: none"><li>• Asymptomatic</li><li>• Confined to 1 lobe of the lung</li><li>• &lt; 25% of lung parenchyma</li><li>• Clinical/diagnostic observations only</li></ul>	<ul style="list-style-type: none"><li>• Increase monitoring</li><li>• Hold ICI</li></ul>
Grade 2	<ul style="list-style-type: none"><li>• Symptomatic</li><li>• Involves more than 1 lobe of lung</li><li>• 25%-50% of lung parenchyma</li><li>• Limiting instrumental ADLs</li></ul>	<ul style="list-style-type: none"><li>• Prednisone 1-2 mg/kg/day</li><li>• Consider bronchoscopy with BAL</li><li>• Hold ICI</li></ul>
Grade 3 or 4	<ul style="list-style-type: none"><li>• Severe symptoms</li><li>• Hospitalization required, oxygen indicated</li><li>• Involves all lung lobes</li><li>• &gt; 50% of lung parenchyma</li><li>• Limiting self-care ADLs</li></ul>	<ul style="list-style-type: none"><li>• Methylprednisolone 1-2 mg/kg/day</li><li>• Consider bronchoscopy with BAL</li><li>• Discontinue ICI</li></ul>

BAL, bronchoalveolar lavage.

# Management of ImAEs: Nephritis

Grade	Definition	Treatment/ICI Modulation
Grade 1	<ul style="list-style-type: none"><li>• Creatinine level increase by +0.3 mg/dL</li><li>• Creatinine 1.5-2 × baseline</li></ul>	<ul style="list-style-type: none"><li>• Rule out other etiologies</li><li>• Consider holding ICI</li></ul>
Grade 2	<ul style="list-style-type: none"><li>• Creatinine 2-3 × baseline</li></ul>	<ul style="list-style-type: none"><li>• Prednisone 0.5-1 mg/kg/day</li><li>• Hold ICI</li></ul>
Grade 3	<ul style="list-style-type: none"><li>• Creatinine &gt; 3 × baseline</li><li>• Creatinine &gt; 4.0 mg/dL</li><li>• Hospitalization indicated</li></ul>	<ul style="list-style-type: none"><li>• Discontinue ICI</li><li>• Prednisone 1-2 mg/kg/day</li></ul>
Grade 4	<ul style="list-style-type: none"><li>• Life-threatening consequences</li><li>• Dialysis indicated</li></ul>	<ul style="list-style-type: none"><li>• Prednisone 1-2 mg/kg/day</li><li>• Discontinue ICI</li><li>• Consult nephrology</li></ul>

# Management of ImAEs: Endocrinopathies

Grade	Definition	Treatment/ICI Modulation
Grade 1	<ul style="list-style-type: none"> <li>• TSH &lt; 10 mIU/L</li> <li>• Asymptomatic or mild symptoms</li> <li>• Fasting glucose &gt; ULN – 160 mg/dL</li> </ul>	<ul style="list-style-type: none"> <li>• Continue ICI</li> <li>• Supplementation/replacement as indicated if symptomatic: mineralocorticoid, levothyroxine, estrogen, testosterone</li> <li>• Metformin</li> </ul>
Grade 2	<ul style="list-style-type: none"> <li>• TSH &gt; 10 mIU/L</li> <li>• Moderate symptoms, able to perform ADLs</li> <li>• Fasting glucose 160-250 mg/dL</li> </ul>	<ul style="list-style-type: none"> <li>• Consider holding ICI</li> <li>• Supplementation as above</li> <li>• Betablocker + methimazole for hyperthyroid</li> <li>• Metformin +/- insulin</li> </ul>
Grade 3 or 4	<ul style="list-style-type: none"> <li>• Severely symptomatic</li> <li>• Life-threatening</li> <li>• Unable to perform ADLs</li> <li>• Fasting glucose 250-500 mg/dL</li> </ul>	<ul style="list-style-type: none"> <li>• Hold ICI</li> <li>• Supplementation as above</li> <li>• Beta-blocker + methimazole for hyperthyroid and prednisone 1-2 mg/kg/day for thyroid storm</li> <li>• Insulin</li> </ul>

*Note: data are for single-ICI therapy, not dual-ICI therapy.*

# Steroid-Refractory ImAEs

- Steroid adjuncts if not improving on maximum-dose steroids (specialist referral)

ImAE	Adjunctive Therapy
Dermatologic reaction	Omalizumab, aprepitant, gabapentin, pregabalin, IVIG, cyclosporine
Colitis	Infliximab
Hepatitis	MMF, azathioprine
Pneumonitis	Infliximab, MMF, IVIG, cyclophosphamide
Inflammatory arthritis	Infliximab, methotrexate, leflunomide, azathioprine, sulfasalazine, tocilizumab, IVIG
Myositis	Plasmapheresis, IVIG, methotrexate, azathioprine, MMF
Neurologic	Pulse dose steroids, IVIG, plasmapheresis, rituximab
Nephrological	Azathioprine, cyclophosphamide, cyclosporine, infliximab, MMF

- Long steroid taper: 4-6 weeks

A close-up photograph of a hand holding a pink awareness ribbon, which is a symbol for breast cancer. The ribbon is looped and draped across the hand. The background is a dark, textured surface.

# ImAEs in ICI Combination Regimens

- Dual ICI
  - Studies terminated in breast cancer
    - Used in melanoma, renal cell, microsatellite-unstable colorectal cancer
  - In general, have additive toxicities
- ICI + chemotherapy
  - ICI does not appear to worsen chemotherapy-related toxicities in TNBC according to IMpassion130 results
  - Watch overlapping toxicities
- ICI + small-molecule inhibitor
  - Minimal overlapping toxicities w/ PARP inhibitors
- ICI + radiation
  - Insufficient data
  - Might be dependent on location of radiation field (e.g., pneumonitis)



# **Role of the Pharmacist**



# Patient Education



## Treatment expectations

- Goals of therapy
- Average efficacy and duration of response dependent on line of therapy

## Early detection of imAEs

- Printed education materials
- Websites
- Apps

## Scheduling of combination regimen

- Patient calendar



# Considerations in Special Populations

## Autoimmune Disorders

Severity, active/remissive, receipt of biologic therapy

10%-62.5% incidence of autoimmune exacerbation/flare on ICI

Significantly higher incidence of imAEs (65.9% vs. 39.9%,  $p = 0.0162$ ) but not grade 3/4

Unknown how combinations of ICI + other therapy will affect

## Pregnancy

IgG crosses placenta and is excreted in breast milk

May increase risk of fetus developing immune-mediated disorders

Also an issue with most chemotherapy in breast cancer, but anthracyclines and cyclophosphamide have been used

## Organ Transplantation

Allograft rejection rates of 41% reported → 81% lost allograft and death in 46%

Consider concomitant organ toxicities with combination chemotherapy

IgG, immunoglobulin G.

# Practical and Logistical Considerations



Precertification  
and prior  
authorization



Denials,  
appeals, and  
peer-to-peer  
reviews



Off-label use



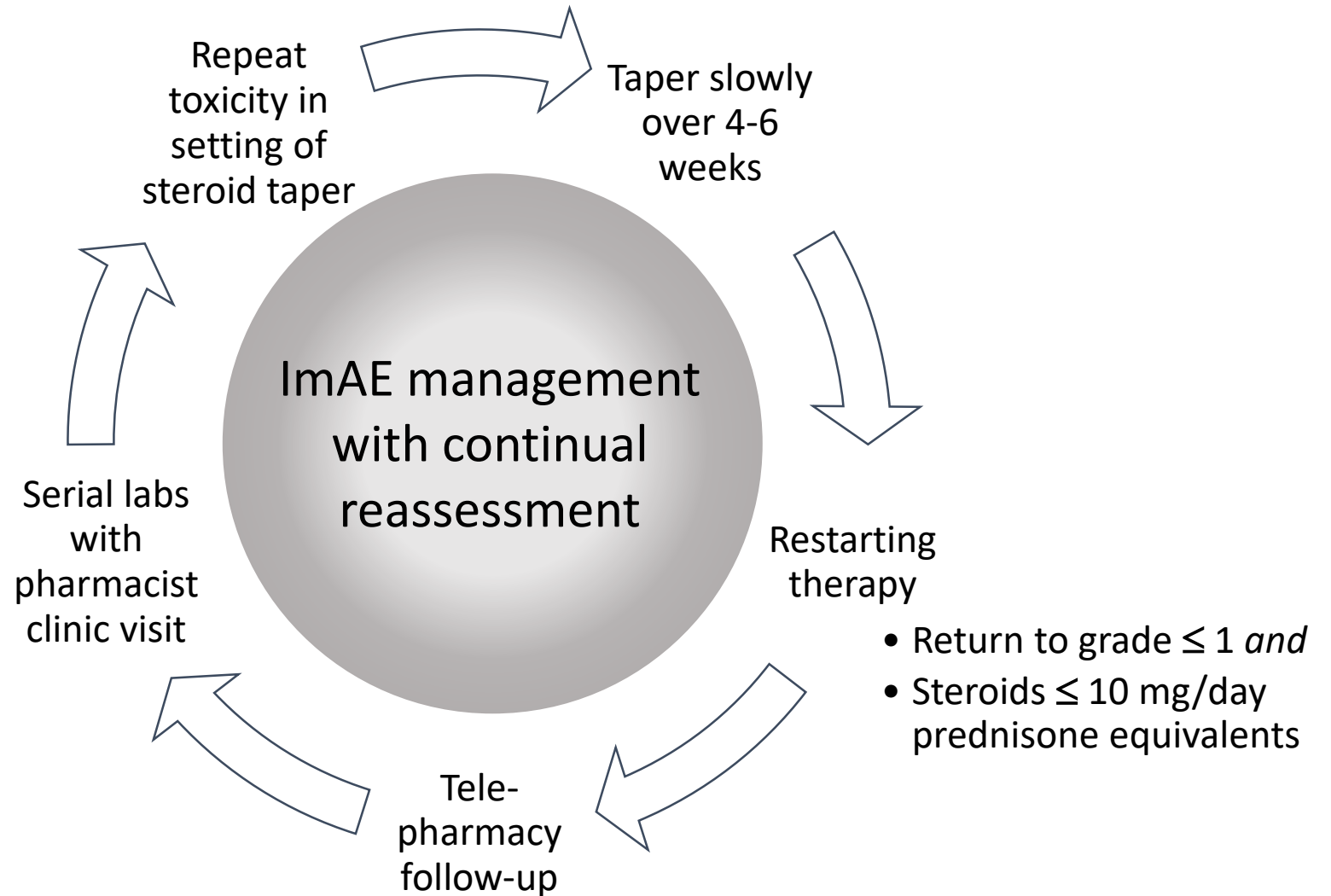
Compassionate  
use



Drug  
replacement  
programs

Pharmacist involvement in drug access and procurement

# Practical and Logistical Considerations



# Practical and Logistical Considerations

## ImAE management

PJP prophylaxis if  
 $\geq 20$  mg  
prednisone/day  
for  $\geq 4$  weeks

Fungal  
prophylaxis if  
 $\geq 20$  mg  
prednisone/day  
for  $\geq 6$  weeks

## Long steroid tapers

Consider HSV  
prophylaxis if  
seropositive

Stress ulcer  
prophylaxis

Supportive,  
preventive  
care

Calcium and  
vitamin D  
supplementation

# Practical and Logistical Considerations



## Drug/drug interactions



Steroid premedications:  
docetaxel, paclitaxel, emetogenic chemotherapy



Medications that impair T-cell function



Medications that impair the immune response



# Practical and Logistical Considerations

## FDA-approved companion diagnostics

- Atezolizumab in breast cancer: VENTANA PD-L1(SP142) Assay
- Pembrolizumab in other tumors: PD-L1 IHC 22C3 pharmDx
- Olaparib and talazoparib in breast cancer: BRACAnalysis CDx

## Liquid/solid biopsies: common panels

- FoundationOne
- CGP+ (Caris)
- Guardant360

# Conclusions

- TNBC is still a disease associated with poor prognosis with tendency for relapse within 3 years after primary treatment
- TNBC has very high heterogeneity, which makes finding the optimal treatment options challenging
- PARP pathway is still a target with mild response to PARP inhibitors
- Immunotherapy is being studied in this disease due to more knowledge about tumor immunogenicity and the microenvironment
- Various immunotherapy trials are presenting promising data for combination with chemotherapy in all settings of TNBC
- The pharmacist is uniquely positioned to facilitate optimal patient selection and management of patients on ICI-based therapy





**Thank you!**

